#### MA 174 Course Outline as of Fall 2019

## **CATALOG INFORMATION**

Dept and Nbr: MA 174 Title: INTER CLIN SKILLS FOR MA

Full Title: Intermediate Clinical Skills for Medical Assisting

Last Reviewed: 1/27/2020

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	4.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	4.00	Lab Scheduled	6.00	8	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	8.00		Contact Total	140.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00 Total Student Learning Hours: 210.00

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: MA 163B

### **Catalog Description:**

Course focuses on intermediate medical assisting skills and responsibilities for the clinical area of a medical office or other appropriate medical facility. Covers general medical office procedures including, but not limited to eye and ear assessment and procedures such as visual and auditory acuity testing; gynecological and prenatal care; pediatric examination; cardiopulmonary assessment and procedures including electrocardiograms (EKGs) and oxygen therapy; radiologic and diagnostic imaging; medical office emergencies; and medication administration.

# **Prerequisites/Corequisites:**

Course Completion of MA 163, MA 163L, MA 165, MA 169; AND Concurrent Enrollment in MA 164, MA 167, MA 176

### **Recommended Preparation:**

Eligibility for ENGL 1A or equivalent or appropriate placement based on AB705 mandates

#### **Limits on Enrollment:**

# **Schedule of Classes Information:**

Description: Course focuses on intermediate medical assisting skills and responsibilities for the

clinical area of a medical office or other appropriate medical facility. Covers general medical office procedures including, but not limited to eye and ear assessment and procedures such as visual and auditory acuity testing; gynecological and prenatal care; pediatric examination; cardiopulmonary assessment and procedures including electrocardiograms (EKGs) and oxygen therapy; radiologic and diagnostic imaging; medical office emergencies; and medication administration. (Grade Only)

Prerequisites/Corequisites: Course Completion of MA 163, MA 163L, MA 165, MA 169; AND

Concurrent Enrollment in MA 164, MA 167, MA 176

Recommended: Eligibility for ENGL 1A or equivalent or appropriate placement based on

AB705 mandates

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

# **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Apply theoretical understanding of intermediate clinical medical assisting skills.
- 2. Demonstrate application of intermediate clinical medical assisting skills that are typically performed in a medical office setting.

# **Objectives:**

Students will be able to:

- 1. Identify and discuss anatomy and physiology of the eye and ear
- 2. Perform eye and ear medication instillations and washes/irrigations
- 3. Perform visual and auditory acuity testing
- 4. Identify and discuss obstetric, gynecological and prenatal exams
- 5. Assist the provider with all obstetric, gynecological, and prenatal exams
- 6. Identify and discuss all aspects of a pediatric exam
- 7. Assist provider with all pediatric exams
- 8. Identify and discuss anatomy and physiology of the heart
- 9. Identify and record specific components of a 3 channel, 12-lead electrocardiograph (EKG)
- 10. Apply a Holter monitor
- 11. Recognize and identify specific cardiac arrhythmias and the etiology of each

- 12. Perform spirometry and peak flow rate testing
- 13. Identify and demonstrate specific patient positions utilized in radiography
- 14. Identify and explain the purpose of specific types of diagnostic imaging procedures, e.g. computerized tomography scan, magnetic resonance imaging, ultrasonography
- 15. Distinguish between emergency and non-emergency situations
- 16. Explain and apply principles of various emergency medical procedures utilized in the outpatient setting
- 17. Meet current requirements for preparing and administering parenteral, oral, topical, otic and opthalmic medication at an intermediate level
- 18. Communicate effectively during all skill performances

### **Topics and Scope:**

- I. Eye and Ear Assessment and Procedures
  - A. The eye
  - B. Structure of the eye
  - C. Visual acuity
    - 1. assessment of distance visual acuity
    - 2. assessment of near visual acuity
  - D. Assessment of color vision Ishihara test
  - E. Eye irrigation
  - F. The ear
  - G. Structure of the ear
  - H. Assessment of hearing acuity
    - 1. types of hearing loss
    - 2. hearing acuity tests
  - I. Ear irrigation
  - J. Competencies\*
    - 1. assess distance visual acuity\*
    - 2. assess near visual acuity\*
    - 3. assess color vision\*
    - 4. perform an eye irrigation\*
    - 5. perform an ear irrigation\*
    - 6. perform eye drop instillation\*
    - 7. perform ear drop instillation\*
- II. Gynecologic Exam and Prenatal Care
- A. Gynecology exam
  - B. Breast exam
  - C. Pelvic exam
    - 1. inspection of external genitalia, vagina, and cervix
    - 2. pap test
    - 3. bimanual pelvic exam
    - 4. rectal-vaginal exam
  - D. Vaginal infections
    - 1. trichomoniasis
    - 2. candidiasis
    - 3. chlamydia
    - 4. gonorrhea
  - E. Prenatal care
  - F. Obstetrics
  - G. Prenatal visits
    - 1. first prenatal visit

- 2. prenatal record
- 3. initial prenatal exam
- 4. return prenatal visits
- 5. special tests and procedures
- H. Six week postpartum visit
- I. Competencies\*
  - 1. instruct patient in the procedure for a breast self exam\*
  - 2. prepare patient for gynecological exam\*
  - 3. assist the physician with a gynecological exam\*
  - 4. complete a cytology requisition form\*
  - 5. assist in the collection of a vaginal microbiologic specimen\*
  - 6. document the patient's pregnancy in terms of gravidity and parity\*
  - 7. calculate the expected date of delivery\*
  - 8. complete a prenatal history\*
  - 9. assist with an initial prenatal exam\*
  - 10. assist with a return prenatal exam\*
  - 11. assist with a six week postpartum exam\*

#### III. Pediatric Exam

- A. Pediatric office visits
- B. Developing a rapport
- C. Carrying the infant
  - 1. cradle position
  - 2. upright position
- D. Growth measurements
  - 1. weight
  - 2. length and height
  - 3. head and chest circumference
  - 4. growth charts
- E. Pediatric blood pressure measurements
  - 1. special guidelines for children
  - 2. correct cuff size
  - 3. cooperation of the child
  - 4. blood pressure classifications
- F. Collection of a urine specimen
- G. Pediatric injections
  - 1. types of needles
  - 2. intramuscular injection sites
- H. Immunizations National childhood vaccine injury act
- I. Newborn screening tests
- J. Competencies\*
  - 1. carry an infant using the following positions\*
    - a. cradle\*
    - b. upright\*
  - 2. plot pediatric growth values on a growth chart\*
  - 3. measure the weight and length of an infant\*
  - 4. measure the head and chest circumference of an infant\*
  - 5. measure the blood pressure of a child\*
  - 6. collect a urine specimen using a pediatric urine collector\*
  - 7. locate the following pediatric intramuscular injection sites\*:
    - a. vastus lateralis\*
    - b. deltoid\*
  - 8. administer an intramuscular injection to an infant\*

- 9. administer a subcutaneous injection to an infant\*
- 10. read and interpret a vaccine information statement\*
- 11. document information on an immunization administration record\*
- 12. collect a specimen for a newborn screening test\*

### IV. Cardiopulmonary Assessment and Procedures

- A. Structure of the heart
- B. Conduction system of the heart
- C. Cardiac cycle
  - 1. waves
  - 2. baseline, segments, and intervals
- D. Electrocardiograph (EKG) paper
- E. Standardization of the EKG
- F. EKG leads
  - 1. electrodes
  - 2. bipolar leads
  - 3. augmented leads
  - 4. chest leads
- G. Paper speed
- H. Patient preparation
- I. Maintenance of the EKG
- J. EKG capabilities
  - 1. three-channel recording capability
  - 2. interpretive EKG
  - 3. electronic medical record (EMR) connectivity
  - 4. teletransmission
- K. Artifacts
  - 1. muscle artifact
  - 2. wandering baseline artifact
  - 3. 60-cycle interference artifact
  - 4. interrupted baseine artifact
- L. Holter monitor EKG
  - 1. purpose
  - 2. digital holter monitor
  - 3. patient preparation
  - 4. electrode placement
  - 5. patient diary
  - 6. event marker
  - 7. evaluating results
  - 8. maintenance of the Holter monitor
- M. Cardiac dysrhythmias
  - 1. premature atrial contraction
  - 2. paroxysmal atrial tachycardia
  - 3. atrial flutter
  - 4. atrial fibrillation
  - 5. premature ventricular contraction
  - 6. ventricular tachycardia
  - 7. ventricular fibrillation
- N. Pulmonary function tests
  - 1. spirometry
  - 2. post-bronchodilator spirometry
- O. Peak flow measurement
  - 1. asthma

- 2. peak flow meter
- 3. peak flow rate
- P. Home oxygen therapy
  - 1. oxygen prescription
  - 2. oxygen delivery systems
  - 3. oxygen administration devices
  - 4. oxygen guidelines
- Q. Competencies\*
  - 1. record a 12-lead, 3 channel EKG\*
  - 2. instruct a patient in the guidelines for wearing Holter monitor\*
  - 3. apply a Holter monitor\*
  - 4. identify cardiac dysrhythmias on a 12-lead EKG\*
  - 5. perform a spirometry test\*
  - 6. measure a patients peak flow rate\*
- V. Radiology and Diagnostic Imaging
  - A. Contrast media
  - B. Fluoroscopy
  - C. Positioning the patient
  - D. Specific radiographic exams
    - 1. mammography
    - 2. bone density scan
    - 3. gastrointestinal series
    - 4. intravenous pyelography
    - 5. other types of radiograph
  - E. Ultrasonography patient preparation
  - F. Computed tomography patient preparation
  - G. Magnetic resonance imaging patient preparation
  - H. Nuclear medicine
    - 1. bone scans
    - 2. nuclear cardiac stress tests
    - 3. guidelines
  - I. Digital radiography
  - J. Competencies\*
- 1. Instruct a patient in the proper preparation necessary for each of the following types of radiographic exams\*
  - a. mammography\*
  - b. bone density scan\*
  - c. upper gastrointestinal radiography\*
  - d. lower gastrointestinal radiography\*
  - e. intravenous pyelography\*
- 2. Instruct a patient on the purpose and advance preparation for each of the following diagnostic imaging procedures\*
  - a. ultrasonography\*
  - b. computed tomography\*
  - c. magnetic resonance imaging\*
  - d. nuclear medicine\*
- VI. Emergency Medical Procedures
  - A. Office crash cart
  - B. Emergency medical services system
  - C. First aid kit
  - D. OSHA safety precautions
  - E. Guidelines for providing emergency care

- 1. respiratory distress
- 2. emphysema
- 3. hyperventilation
- 4. heart attack
- 5. stroke
- 6. shock
- 7. bleeding
- 8. wounds
- 9. musculoskeletal injuries
- 10. burns
- 11. seizures
- 12. poisoning
- 13. heat and cold exposure
- 14. diabetic emergencies
- F. Competencies\* Respond to common emergency situations\*
- VII. Continuation of Medication Administration at the Intermediate Level Competencies\*
- A. Preparing and administering parenteral medications including intramuscular, intradermal, and subcutaneous injections\*
  - B. Preparing and administering otic and opthalmic medications\*

\*These items are introduced in lecture, and the related skills are performed in the lab. Communication skills are included with every skill performance.

### **Assignment:**

Lecture-Related Assignments:

- 1. Weekly reading
- 2. Homework Problems
  - a. Critical thinking skill exercises
  - b. Vocabulary assessment
- 2. Completion of unit exams and final exam

# Lab-Related Clinical Skill Competencies:

- 1. Practice weekly clinical skill competencies in lab setting under instructor supervision
- 2. Documentation related to competencies gained from skills lab
- 3. Demonstrate actions to be taken in simulated emergency situations, role playing medical assistant and patient responses (ungraded)

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems

Problem solving 10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Clinical skill competencies

Skill Demonstrations 40 - 50%

**Exams:** All forms of formal testing, other than skill performance exams.

Four unit exams and one final exam

Exams 30 - 50%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category 0 - 0%

# **Representative Textbooks and Materials:**

Clinical Procedures for Medical Assistants. 10th ed. Bonewit-West, Kathy. Elsevier. 2017 Instructor prepared materials