

DANCE 21.1 Course Outline as of Fall 2019**CATALOG INFORMATION**

Dept and Nbr: DANCE 21.1 Title: HIP HOP/FUNK I

Full Title: Hip Hop/Funk I

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	6	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PE 59.1

Catalog Description:

This course will introduce students to the fundamentals (Level I) of the hip hop/funk dance style derived from the current dance vernacular and culture. Classes will include warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements ("across-the-floor") and center combinations.

Prerequisites/Corequisites:**Recommended Preparation:**

Course Completion of DANCE 10.1

Limits on Enrollment:**Schedule of Classes Information:**

Description: This course will introduce students to the fundamentals (Level I) of the hip hop/funk dance style derived from the current dance vernacular and culture. Classes will include warm-up exercises, isolations, floor stretches, and strengthening specific to the hip hop/funk style of dance. This course will also include locomotor movements ("across-the-floor") and center combinations. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 10.1

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:	Transferable	Effective: Fall 2000	Inactive:
UC Transfer:	Transferable	Effective: Fall 2000	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Execute and analyze beginning (Level I) hip hop/funk dance sequences using applicable dance vocabulary.
2. Perform beginning (Level I) hip hop/funk dance choreography.
3. Choreograph a beginning (Level I) hip hop/funk dance combination.

Objectives:

Students will be able to:

1. Identify beginning (Level I) hip hop/funk dance movements using appropriate terminology.
2. Perform beginning (Level I) hip hop/funk walks, footwork, and movement combinations.
3. Recognize and verbalize proper counting, including the syncopated rhythms used in beginning (Level I) hip hop/funk dance movements.
4. Correlate beginning (Level I) dance movements to music.
5. Perform beginning (Level I) hip hop/funk coordination exercises, including isolations with footwork.
6. Retain beginning (Level I) movement patterns in across-the-floor and center sequences.
7. Demonstrate theoretical and physical understanding of biomechanically correct form as related to strength and flexibility.
8. Differentiate between safe and unsafe execution of various beginning (Level I) hip hop movements.
9. Practice beginning (Level I) dance injury prevention techniques.

Topics and Scope:

- I. Level I Warm-Up Exercise

- A. Locomotor movement combination
 - B. Isolations and body articulations
 - C. Strengthening exercises
 - D. Stretching exercises
- II. Level I Across the Floor
- A. Level I hip hop/funk walks, footwork, and movement combinations
 - B. Movement phrases used in weekly dance combinations
- III. Level I Hip Hop/Funk Combinations
- A. Incorporation of Level I movements taught during the across-the-floor segments of class
 - B. Level I rhythmic interpretation of the movement in relationship to the music selection
 - C. General dynamics
 - 1. Style
 - 2. Attitude
 - 3. Presentation
 - D. Level I sight-reading of hip hop/funk footwork and movement vocabulary
 - E. Repetition of dance movement combinations and the effects on neuromuscular memory
 - F. Level I biomechanics and the relationship of correct biomechanical form to components of dance technique such as flexibility and strength

All topics are covered in the lecture and lab portions of the course.

Assignment:

Lecture-Related Assignments:

1. Weekly practice of instructor choreography and dance skills covered during class sessions
2. Choreography of a hip hop/funk dance combination (solo, duet or group collaboration)
3. Performance of exercises to strengthen and/or stretch muscle groups required to execute dance movements
4. Written critique of a dance piece or performance (based on a performance from the current semester, or for video viewing option, instructor will provide or approve a video) (2 - 3 pages)
5. Reading of handouts and/or selected readings (5-10 pages per week)

Lab-Related Assignments:

1. Class performance: hip hop/funk dance technique activities assessed in terms of improvement
2. Performance exams (1 - 3)
3. Note-taking
4. Practice sessions
5. Final exam

Optional assignments:

1. Hip hop/funk dance video viewing and analysis
2. Partner activities focusing on dance technique
3. Student choreography work sessions

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written critique of a dance performance. Note taking or Journaling

Writing
5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams, choreographic project

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Midterm and final exams

Exams
10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category
40 - 60%

Representative Textbooks and Materials:

Instructor prepared materials

Hip Hop Dance (The American Dance Floor). Rajakumar, Mohanalakshmi. Greenwood Publisher. 2012 (classic)

Tha Global Cipa: Hip Hop Culture and Consciousness. Spady, James and Alim, Samy and Meghelli, Samir. Black History Museum Press. 2006 (classic)