

**DANCE 16.2 Course Outline as of Fall 2019****CATALOG INFORMATION**

Dept and Nbr: DANCE 16.2 Title: MODERN DANCE II

Full Title: Modern Dance II

Last Reviewed: 2/25/2019

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 1.50 | Lecture Scheduled     | 0.75 | 17.5         | Lecture Scheduled  | 13.13 |
| Minimum | 1.50 | Lab Scheduled         | 2.25 | 6            | Lab Scheduled      | 39.38 |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 3.00 |              | Contact Total      | 52.50 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

This course is for advanced- beginning (Level II) dancers with some prior modern dance training, and emphasizes advanced-beginning (Level II) modern dance skills in the areas of technique and movement vocabulary, and the use of space, time, and energy. This course also includes advanced-beginning (Level II) modern dance improvisation, choreography, and performance skills.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANCE 16.1

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This course is for advanced- beginning (Level II) dancers with some prior modern dance training, and emphasizes advanced-beginning (Level II) modern dance skills in the areas of technique and movement vocabulary, and the use of space, time, and energy. This course also includes advanced-beginning (Level II) modern dance improvisation, choreography, and

performance skills. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 16.1

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                      |                      |                      |           |
|----------------------|----------------------|----------------------|-----------|
| <b>AS Degree:</b>    | <b>Area</b>          | Effective:           | Inactive: |
| <b>CSU GE:</b>       | <b>Transfer Area</b> | Effective:           | Inactive: |
| <b>IGETC:</b>        | <b>Transfer Area</b> | Effective:           | Inactive: |
| <b>CSU Transfer:</b> | Transferable         | Effective: Fall 2003 | Inactive: |
| <b>UC Transfer:</b>  | Transferable         | Effective: Fall 2003 | Inactive: |

### **CID:**

### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Execute and analyze advanced-beginning (Level II) modern dance sequences using applicable dance vocabulary.
2. Perform advanced-beginning (Level II) modern dance choreography.
3. Choreograph an advanced-beginning (Level II) modern dance combination.

### **Objectives:**

Students will be able to:

1. Utilize modern dance terminology to describe advanced-beginning (Level II) modern dance exercises, technical principles, and movement vocabulary.
2. Perform advanced-beginning (Level II) modern dance warm-ups, techniques, stretching and strengthening exercises, and movement combinations.
3. Explain technical principles incorporated in advanced-beginning (Level II) modern dance and apply these principles to the execution of Level II modern dance movement.
4. Analyze elements of space and energy inherent in advanced-beginning (Level II) modern dance movement.
5. Create original dance movement through advanced-beginning (Level II) modern dance improvisations and choreographic studies.
6. Display performance skills in presentation of advanced-beginning (Level II) modern dance choreography.
7. Identify basic rhythmic concepts and relate them to the execution of advanced-beginning (Level II) modern dance movement.
8. Count advanced-beginning (Level II) modern dance movement sequences.
9. Critique a modern dance performance or dance piece.

## Topics and Scope:

- I. Level II Modern Dance Terminology and Corresponding Movement Vocabulary
- II. Level II Modern Dance Technique
  - A. Technical principles
    1. Alignment
    2. Balance
    3. Flexion
    4. Extension
    5. Turn-out and inward rotation of the legs
    6. Off-center movement
    7. Initiation of movement with breath and core
  - B. Floor work
    1. Warming up
    2. Stretching, extremity and core
    3. Strengthening
  - C. Locomotor movements
    1. Triplets
    2. Prances
    3. Walks
    4. Runs
    5. Leaps
  - D. Linking movements
    1. Across the floor
    2. Center combinations
- III. Picking Up and Retaining Choreography
- IV. Elements of Dance in Level II Modern Dance Movement
  - A. Space
    1. Use of level
    2. Facing
    3. Direction
    4. Dimension
    5. Planes
  - B. Time
    1. Tempo
    2. Rhythm
  - C. Energy
    1. Use of weight
    2. Movement qualities
- V. Performance Skills
  - A. Projection
  - B. Dynamics
  - C. Musicality (including reflecting musical mood, accents, dynamics in the performance of dance movement)
  - D. Managing performance anxiety
  - E. Use of breath
- VI. Creative Problem Solving Based on Elements of Modern Dance (Space, Time, and Energy)
  - A. Improvisation
  - B. Choreographing a Level II modern dance study
- VII. How to Execute Modern Dance Movement. Each Instructor Approaches the "How to" of Executing Dance Movement Differently. Pedagogy may include:
  - A. Verbal descriptions

1. Dance terminology
2. Use of imagery
3. Anatomical and kinesiological references
- B. Demonstration of movement
- C. Tactile information (hands-on)
- D. Kinesthetic awareness enhancing tools or methods
- E. Corrections

## VIII. Critiquing Modern Dance Choreography - What to Look for in a Modern Dance Work

All topics are covered in the lecture and lab portions of the course.

### Assignment:

#### Lecture-Related Assignments:

1. Weekly practice of instructor choreography and dance skills covered in class sessions
2. Choreographing original dance movement either alone or with a partner or group
3. Performing exercises to strengthen and/or stretch muscle groups required to execute dance movements
4. Written critique of a dance piece or performance (based on a performance from the current semester, or for video viewing option, instructor will provide or approve a video) (2 - 3 pages)
5. Reading of handouts and/or selected readings (5-10 pages per week)

#### Lab-Related Assignments:

1. Modern dance technique class activities assessed in terms of overall improvement (class performances)
2. Performance exams (1 - 3)
3. Improvisations (participation grade)
4. Note-taking
5. Practice sessions
6. Final exam

#### Optional assignments:

1. Modern dance video viewing and analysis
2. Partner activities focusing on dance technique
3. Student choreography work sessions

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

|          |                    |
|----------|--------------------|
| Critique | Writing<br>5 - 11% |
|----------|--------------------|

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

|      |                           |
|------|---------------------------|
| None | Problem solving<br>0 - 0% |
|------|---------------------------|

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams, Choreographic Assignment

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Midterm and Final Exams

Exams  
5 - 11%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation, Improvisations

Other Category  
40 - 60%

**Representative Textbooks and Materials:**

Instructor prepared materials

Introduction to Modern Dance Techniques. Legg, Joshua. Heuer Publishing. 2011 (classic)

The Dancer Prepares: Modern Dance for Beginners. 5th ed. Penrod, James and Gudde Plastino, Janice. McGraw-Hill. 2004 (classic)

Dance, Mind and Body. Cerny Minton, Sandra. Human Kinetics. 2003 (classic)