

**ATHL 29L Course Outline as of Fall 2019****CATALOG INFORMATION**

Dept and Nbr: ATHL 29L Title: SOCCER LAB

Full Title: Soccer Lab

Last Reviewed: 3/8/2021

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.2

**Catalog Description:**

Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts.

**Prerequisites/Corequisites:**

Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28

**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Introduction to the structure and development of various soccer strategies. This course will include analysis of scouting reports and film reviews; as well as the practical application of various physical training concepts. (Grade or P/NP)

Prerequisites/Corequisites: Concurrent Enrollment in Varsity Soccer ATHL 27 or ATHL 28

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1984	Inactive:	
<b>UC Transfer:</b>	Transferable	Effective:	Fall 1984	Inactive:	

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Identify and assess offensive and defensive strategies of an opponent.
2. Formulate appropriate offensive and defensive strategies based on the assessment of the opponent's schemes and personnel.

### **Objectives:**

Students will be able to:

1. Identify and explain basic offensive and defensive strategies.
2. Analyze offensive and defensive strategies and personnel through the use of film, scouting reports, and established soccer criteria.
3. Formulate a variety of offensive and defensive strategies based on the opponent's schemes and strategies.

### **Topics and Scope:**

- I. Advanced Skills in Relationship to Positional Play on the Field
  - A. Forwards
  - B. Half Backs
  - C. Full backs
- II. Use of Offensive and Defensive Deadball Situations from Scouting Reports and Flms
  - A. Offensive formations
  - B. Defensive formations
  - C. Specialty formations
- III. Establish Various Systems of Play and Team Tactics Based on Team and Opposing team capabilities
  - A. Pressure
  - B. Passing
  - C. Shooting
- IV. Introduction of Various Offensive and Defensive Techniques in Match Situations
  - A. Offensive formations

- B. Defensive formations
- C. Specialty formations
- D. Opponent personnel

### Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

1. In-class work may include:
  - a. Film analysis
  - b. Note taking and developing a playbook
  - c. Physical training and conditioning
  - d. Development and demonstration of related skills including practice and game performance
  - e. Establishing team goals
  - f. Quizzes
2. Fieldwork may include:
  - a. Scouting reports execution
  - b. Playbook application
  - c. Intercollegiate competition

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Note taking, playbook development

Writing  
10 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances, performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, multiple choice, true/false

Exams  
10 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
30 - 50%

**Representative Textbooks and Materials:**

Premier Soccer; Skills, tactics and strategies for winning play. Parker, Michael. Human Kinetics. 2008 (classic)

Instructor prepared materials