### **ANAT 1 Course Outline as of Spring 2006**

# **CATALOG INFORMATION**

Dept and Nbr: ANAT 1 Title: GENERAL HUMAN ANATOMY Full Title: General Human Anatomy Last Reviewed: 10/8/2018

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	5.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	5.00	Lab Scheduled	6.00	7	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	9.00		Contact Total	157.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 262.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

#### **Catalog Description:**

Study of gross and microscopic structure of human tissues, organs and organ systems; includes dissection of human cadavers. (Intended for nursing and dental hygiene majors)

**Prerequisites/Corequisites:** Completion of BIO 10 or higher (V7)

**Recommended Preparation:** 

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Study of gross and microscopic structure of human tissues, organs and organ systems; includes dissection of human cadavers. (Intended for nursing and dental hygiene majors) (Grade or P/NP) Prerequisites/Corequisites: Completion of BIO 10 or higher (V7) Recommended: Limits on Enrollment: Transfer Credit: CSU;UC. (CAN BIOL10)(PHYSIO 1+ANAT 1=BIOL SEQ B)

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area C Transfer Area B2 B3	Natural Scienc Life Science Laboratory Ac		Effective: Fall 1981 Effective: Fall 1981	Inactive: Inactive:
IGETC:	<b>Transfer Area</b> 5B 5C	Biological Scie Fulfills Lab Re		Effective: Fall 1981	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	
<b>CID:</b> CID Descriptor:BIOL 110B SRJC Equivalent Course(s):		Human Anator ANAT1	ny with Lab		

# **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course students will be able to:

- 1. Describe the basic anatomical design of the human body, including its bilateral symmetry, segmentation, tube within a tube design, cavities, and fluid compartments.
- 2. Name the organ systems of the body and describe their basic structural design and function.
- 3. Recognize and describe the major organs of each system, including their location in the body, gross anatomy, histological features, and function.
- 4. Differentiate the four major tissue types, identify the subtypes of each of the major tissue types, and locate them in body structures. 5. Identify the specific anatomical structures listed in the lab manual
- using models, charts, specimens, cadavers, and skeletons.
- 6. Evaluate the various features of the body which are designed to provide protection for the essential organs and functions.
- 7. Identify and use a variety of resources for learning anatomy.
- 8. Perform a simple dissection of some major organs in a cadaver.

# **Topics and Scope:**

I. Human Body Introduction

- A. Human body plan
- B. Body cavities
- C. Planes and reference terms

- D. Levels of biological organization
- II. Cells and Tissues
  - A. Cell diversity and organelles
  - B. Epithelial tissues
- C. Connective tissue proper
- III. Integumentary System
  - A. Skin
    - 1. epidermis and dermis
    - 2. glands
    - 3. sensory receptors
- B. Accessory structures: hair, nails
- IV. Skeletal System
  - A. Bone and cartilage tissue
  - B. Bones as organs
  - C. Axial skeleton
  - D. Appendicular skeleton
  - E. Joints
- V. Muscular System
  - A. Muscle tissue
  - B. Sliding filament theory of muscle contraction
  - C. Muscles as organs
  - D. Muscle actions
- VI. Circulatory System
  - A. Coelom and viscera
  - B. Heart structure and function
  - C. Circuits and blood vessels
  - D. Blood composition and cells
  - E. Lymphatic System
- VII. Nervous System
  - A. Nervous tissue
  - B. Central nervous system
    - 1. spinal cord
    - 2. brain
    - 3. meninges and cerebrospinal fluid circulation
  - C. Peripheral nervous system
    - 1. cranial nerves
    - 2. spinal nerves
  - D. Autonomic nervous system
  - E. Special senses
    - 1. eye
    - 2. ear
- VIII. Digestive System
  - A. Organs of the gastrointestinal tract
  - B. Accessory organs; glands
- IX Respiratory System
- X. Urinary System
- XI. Reproductive System
- A. Male reproductive system
- B. Female reproductive system
- XII. Laboratory Material
- All of the above mentioned structures will also be studied by means of histological specimens, models, charts, specimens and human cadavers

during the laboratory portion of the course. XIII. Cadaver Dissection

### Assignment:

- 1. Weekly reading in text, 30-60 pages per week
- 2. Selected dissection on human cadavers
- 3. Study of histological slides, models, specimens and cadavers during regular and open lab hours, 8-12 hours per week
- 4. Essays, 2-3 pages in length, may be given as homework or as part of exams
- 5. Formal assessment: 7 lab practical exams, 3 midterm exams and a cumulative final exam including objective and essay questions

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Essays

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Lab practical exams

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Cadaver dissection

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, Completion, Midterm exams, essay questions

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category
0 - 0%

## **Representative Textbooks and Materials:**

PRINCIPLES OF HUMAN ANATOMY, Gerald Tortora, 10th Edition, John Wiley & Sons, 2005 HUMAN ANATOMY, Frederic Martini & Michael Timmons, 5thth Edition, Prentice Hall, 2006 HUMAN ANATOMY, Elaine Marieb, Jon Mallatt, Patricia Wilhelm, 4th edition,

Problem solving 30 - 50%

Writing

10 - 20%

Skill Demonstrations 5 - 10%

> Exams 30 - 50%

Benjamin Cummings, 2004 HUMAN ANATOMY, Kenneth Saladin, McGraw Hill, 2005 ATLAS OF NORMAL HISTOLOGY, M DIFIORE'S ATLAS OF HISTOLOGY, Victor Eroschenko, 9th edition, 2000 WHEATER'S FUNCTIONAL HISTOLOGY, Barbara Young , John Heath, Churchill Livingstone, 3rd edition, 2000 A PHOTOGRAPHIC ATLAS OF HISTOLOGY, Michael Leboffe, Morton Publishing, 2003 Instructor prepared materials: lab manual