COMM 6 Course Outline as of Spring 2019

CATALOG INFORMATION

Dept and Nbr: COMM 6   Title: INTERPERSONAL COMM
Full Title: Interpersonal Communication
Last Reviewed: 11/25/2019

Units			Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00		Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00		Lab Scheduled	0	6	Lab Scheduled	0
			Contact DHR	0		Contact DHR	0
			Contact Total	3.00		Contact Total	52.50
			Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00   Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: COMM 66

Catalog Description:
Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict through verbal and nonverbal communication. Builds communication skills through experiential activities.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: Explores through theory and practice the ways people communicate one-on-one and in informal situations. Studies awareness of perception, development of self-concept, self-disclosure, listening, relationships, language and conflict through verbal and nonverbal communication. Builds communication skills through experiential activities. (Grade or P/NP)
Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

			Effective:	Inactive:
AS Degree:	**Area**			
	B	Communication and Analytical Thinking	Fall 1981	
CSU GE:	**Transfer Area**		Effective:	Inactive:
	E	Lifelong Learning and Self Development	Fall 1993	
IGETC:	**Transfer Area**		Effective:	Inactive:

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
UC Transfer:	Transferable	Effective:	Fall 2009	Inactive:

CID:
CID Descriptor:COMM 130   Interpersonal Communication
SRJC Equivalent Course(s):   COMM6

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Listen effectively to others in interpersonal communication settings.
2. Describe the elements of verbal and nonverbal communication as they relate to interpersonal communication.
3. Identify and implement guidelines for successful resolution of interpersonal conflicts.

Objectives:
Upon completion of this course, students will be able to:
1.   Demonstrate understanding of a variety of interpersonal communication concepts and principles.
2.   Acquire an awareness and appreciation of the complexities of the communication process.
3.   Improve listening ability by understanding the key elements of this most frequently used aspect of
     interpersonal communication.
4.   Identify, interpret and demonstrate appropriate uses of verbal and non-verbal communication.
5.   Describe and discuss how choice of words and gender influences can significantly impact interpersonal
     interactions.
6.   Explore and analyze social and gender roles as they apply to relational communication.
7.   Identify the difference between passive, assertive and aggressive behavior.
8.   Explain ways that communication creates, develops and changes personal identities.

9. Examine one's own self-esteem through journal writing and other self-exploratory tasks.
10. Identify and practice constructive conflict management skills.
11. Analyze the role of technology in interpersonal communication.
12. Analyze interpersonal communication in various contexts, including personal and professional.

Topics and Scope:

I.   The communication process
   A. Definition and basic terms
   B. Communication model
   C. Barriers to understanding communication
II. Listening
   A. Importance of listening
   B. Barriers to listening
   C. Effective listening behavior skills
III. Self image and self esteem
   A. Introspective assignments
   B. Hierarchy of values
   C. Effects of low self esteem
   D. Skills to build self esteem
IV. Perception
   A. Variables that affect perception
   B. Differences in perception
V.   Verbal communication/semantics
   A. Abstraction of words and symbols
   B. Semantic reactions
   C. Polarization
   D. Gender patterns and differences
VI. Non-verbal communication
   A. Kinesics
   B. Proxemics
   C. Dress
   D. Vocalics
   E. Oculesics
   F. Haptics
   G. Chronemics
VII. Relational communication
   A. Social roles
   B. Gender roles
   C. Intimacy
   D. Self disclosure
   E. Relationship stages
   F. Loneliness
VIII. Conflict resolution/negotiation skills
   A. Types of conflict
   B. Productive conflict management
   C. Destructive conflict management
   D. Win/win - win/lose negotiation
   E. Defensive communication
IX. Technology and Communication
   A. Effective use of communication technology

B. Effect of technology on communication

Assignment:

I. Written
    A. Weekly free writing assignment -- 2 pages
    B. Topic related journal
       assignments -- 10-20 pages total per semester
    C. Three to five short 2-5 page analytical papers or
       two 4-10 page term papers
II. Reading Assignment - 30 pages/week
III. Observational assignments
IV. In-class
    A. Discussions
    B. Experiential activities
    C. Group processes
V. Oral presentations
    A. Individual -- 1-2 presentations
    B. Group -- 1-2 presentations
VI. Exams -- 1-3 multiple choice and short answer, including a final

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework; term papers; short analytical papers; journal entries; response papers; free writes	Writing 50 - 70%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances; observational assignments; group project; individual presentation(s); group presentation(s)	Skill Demonstrations 10 - 25%

Exams: All forms of formal testing, other than skill performance exams.

Midterms and final	Exams 5 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and class participation		Other Category 10 - 25%

Representative Textbooks and Materials:
Communicate: A Workbook for Interpersonal Communication (7th ed.). CRA Staff. Kendall-Hunt: 2010

The Interpersonal Communication Book (13th ed.). DeVito, Joseph A.   Allyn & Bacon: 2012

Looking Out, Looking In (14th ed.). Adler, Ronald B. and Proctor II, Russell F. Wadsworth, Inc.: 2012