

CATALOG INFORMATION

Dept and Nbr: PSYCH 35      Title: PSYCH OF IDENTITY  
Full Title: Psychology of Identity  
Last Reviewed: 12/12/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly:

**Catalog Description:**  
A study of the psychological principles, concepts, and processes that underlie the formation and development of human identity.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Eligibility for ENGL 100 or ESL 100.

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: A study of the psychological principles regarding the development of human identity. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Eligibility for ENGL 100 or ESL 100.  
Limits on Enrollment:  
Transfer Credit: CSU;UC.  
Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
	E	Lifelong Learning and Self Development	Fall 1981

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
	4	Social and Behavioral Science	Fall 1981
	4I	Psychology	

<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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### **CID:**

CID Descriptor:	PSY 115	Psychology of Personal and Social Adjustment
SRJC Equivalent Course(s):		PSYCH35

### **Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Students completing this course will be able to comprehend and demonstrate basic knowledgeability in the following areas. They will also be expected to apply, analyze, synthesize, and evaluate their knowledge and comprehension of the materials.

### **Topics and Scope:**

1. Human needs and individual self preceptions--the beginning search for identity.
2. The psychological and personal perspectives of behavior.
3. The changing times of our lives.
4. The meaning of culture and the individual.
5. Relationships and competence in self expression.
6. The search for personhood.
7. Love and intimacy.
8. Work, family, lifestyles, and choices.
9. The psychologically healthy person.
10. A full and fulfilling lifetime?

### **Assignment:**

Homework assignments will vary from week to week and will include readings from the text and other publications, reviewing class lecture notes, writing term papers, responding to essay questions, and at times listening and viewing selected audio-visual programs.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers

Writing  
10 - 25%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice

Exams  
75 - 90%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

## Representative Textbooks and Materials:

Adler, Rosenfield, and Towne

1986, INTERPLAY. New York: Holt, Rinehart, and Winston.

Cirese

1985, QUEST-SEARCH FOR SELF. New York: Holt, Rinehart, and Winston.