## **KTEAM 6.2** Course Outline as of Fall 2018

# **CATALOG INFORMATION**

Dept and Nbr: KTEAM 6.2 Title: INTERMEDIATE SOCCER Full Title: Intermediate Soccer Last Reviewed: 2/12/2024

Units		Course Hours per Week	Ν	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	2	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	PHYED 92.2

## **Catalog Description:**

The purpose of this course is to provide intermediate instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis placed on drills and competitive play situation.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

Course Completion of KTEAM 6.1

## **Limits on Enrollment:**

## **Schedule of Classes Information:**

Description: The purpose of this course is to provide intermediate instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis placed on drills and competitive play situation. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Course Completion of KTEAM 6.1 Limits on Enrollment:

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	L		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	L		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Spring 1982	Inactive:	
UC Transfer:	Transferable	Effective:	Spring 1982	Inactive:	

## CID:

## **Certificate/Major Applicable:**

Major Applicable Course

# **COURSE CONTENT**

## **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Play competitive soccer and execute fundamental skills at an intermediate level.
- 2. Demonstrate intermediate soccer tactics, positioning, and field spacing during competitive play.
- 3. Apply the rules of play.
- 4. Identify the mental aspects of soccer at an intermediate level.

## **Objectives:**

At the conclusion of this course, the student should be able to:

- 1. Execute intermediate levels of offensive and defensive soccer fundamentals.
- 2. Analyze intermediate techniques of shooting, passing and dribbling.
- 3. Incorporate strategies for attacking various defensive alignments.
- 4. Demonstrate knowledge of the mental aspects of intermediate soccer.
- 5. Exhibit an understanding of soccer rules and regulations.

# **Topics and Scope:**

I. Intermediate Techniques and Principles of Individual Offense

- A. Passing
- B. Shooting
- C. Ball handling
- D. Screening
- II. Intermediate Techniques and Principles of Individual Defensive
  - A. Stance
  - B. Sliding
  - C. Positioning
  - D. Boxing out
- III. Intermediate Techniques and Principles of Team Offense
  - A. Spacing

- B. Ball movement
- C. Play execution
- D. Continuity offense
- IV. Intermediate techniques and principles of team defense
  - A. "Man to man" techniques and positioning
  - B. Zone defenses
- V. Relaxation and Focusing Techniques
  - A. Mental aspects
  - B. Focussing techniques for competition
- VII. Rules of Soccer

## Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

- 1. Practice, analyze, and evaluate intermediate soccer skills and fundamentals
- 2. In class competitive soccer situations
- 3. Performance exams throughout the semester (3 5)
- 4. Quizzes (1 5)

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Analyze and evaluate intermediate soccer skills and fundamentals

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Intermediate soccer skills and fundamentals, in class soccer situations, performance exams

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes (multiple choice, true/false)

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Writing 0 - 0%	

Problem solving 10 - 20%
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Exams	
10 - 30%	

Participation and attendance

**Representative Textbooks and Materials:** Soccer (Best Sport Ever). McDougall, Chros. Sportszone. 2012 (classic)