

CHW 152L Course Outline as of Fall 2018**CATALOG INFORMATION**

Dept and Nbr: CHW 152L Title: OUTREACH EXPERIENCE II
 Full Title: Outreach Experience II
 Last Reviewed: 2/26/2018

| Units | Course Hours per Week | Nbr of Weeks | Course Hours Total |
|--------------|-----------------------|--------------|----------------------|
| Maximum 2.50 | Lecture Scheduled | 0 17.5 | Lecture Scheduled 0 |
| Minimum 2.50 | Lab Scheduled | 0 8 | Lab Scheduled 0 |
| | Contact DHR | 7.50 | Contact DHR 131.25 |
| | Contact Total | 7.50 | Contact Total 131.25 |
| | Non-contact DHR | 0 | Non-contact DHR 0 |

Total Out of Class Hours: 0.00

Total Student Learning Hours: 131.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 52BL

Catalog Description:

Community Health Work (CHW) outreach experience in supervised outreach activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach Techniques and Strategies, CHW 152. This outreach experience is a continuation of CHW 151L with a focus on higher-level skills such as case management and referrals, one-on-one patient counseling, conflict resolution, and stress management.

Prerequisites/Corequisites:

Concurrent Enrollment in CHW 152; and Course Completion of CHW 151 and CHW 151L

Recommended Preparation:

Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Students must comply with all of the following before they are allowed onsite at the clinical sites: Currency on all immunizations including annual flu shots, currency on annual tuberculosis clearance, and a completed health exam.

Schedule of Classes Information:

Description: Community Health Work (CHW) outreach experience in supervised outreach

activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach Techniques and Strategies, CHW 152. This outreach experience is a continuation of CHW 151L with a focus on higher-level skills such as case management and referrals, one-on-one patient counseling, conflict resolution, and stress management. (Grade Only)

Prerequisites/Corequisites: Concurrent Enrollment in CHW 152; and Course Completion of CHW 151 and CHW 151L

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment: Students must comply with all of the following before they are allowed onsite at the clinical sites: Currency on all immunizations including annual flu shots, currency on annual tuberculosis clearance, and a completed health exam.

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

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|-------------------|----------------------|------------|-----------|
| AS Degree: | Area | Effective: | Inactive: |
| CSU GE: | Transfer Area | Effective: | Inactive: |

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|---------------|----------------------|------------|-----------|
| IGETC: | Transfer Area | Effective: | Inactive: |
|---------------|----------------------|------------|-----------|

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| CSU Transfer: | Effective: | Inactive: |
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|---------------------|------------|-----------|
| UC Transfer: | Effective: | Inactive: |
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CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

Upon completion of the course, students will be able to:

1. Identify and analyze local health inequities, and collaborate on action plans to address community health issues.
2. Locate and utilize relevant health information and local resources to promote improved health in the community.
3. Demonstrate CHW roles in supporting community members to become healthier and more self-reliant.

Objectives:

Upon completion of this course the student will be able to:

1. Recognize and address common health-related community challenges and strengths.
2. Identify community resources for effective health-related networking and referrals.
3. Utilize effective methods of sharing health information and promoting healthy outcomes.
4. Practice and model effective techniques for time management and healthy stress reduction.
5. Analyze outreach experiences, particularly relating to collaboration and team approaches.

Topics and Scope:

- I. Health Issues and Strengths in the Community

- A. Local concerns and resources
- B. Observation, documentation, analysis, action
- C. Local resources for health data
- II. Role of CHW in Health Outcome Improvement
 - A. Standards and scope of practice
 - B. Information, education and communication techniques
 - C. Respect, collaboration and cooperation
- III. Local Resources for Healthy Communities
 - A. Sonoma County agencies and departments
 - B. Non-profit, community-based resources
- IV. Collaboration in Community Health Work
 - A. Team building among CHW students
 - B. Effective Communication
 - C. Conflict management and resolution
 - D. Working with other CHWs and health professionals
 - E. Health advocacy, promotion and community organization
- V. Effective and Healthy CHWs
 - A. Time management
 - B. Professionalism
 - C. Self assessment and stress reduction

Assignment:

1. Practice effective outreach techniques via role-play scenarios, case studies and other supervised activities
2. Complete and document 120 hours of outreach experience, via designated weekly externship reports
3. Maintain a journal to reflect on communications with supervisors, colleagues, client interviews and intake experiences
4. Outline and follow an individualized plan of action for effective work, including time management and stress reduction
5. Meet with instructor and outreach supervisor to review accomplishments and identify areas for improvement

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

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| Action plan, written reflections, and externship reports | Writing 5 - 10% |
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Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

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|-----------------------------------|-----------------------------|
| Case studies, in class role plays | Problem solving 25 - 40% |
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Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Health education and outreach skills

Skill Demonstrations
15 - 30%

Exams: All forms of formal testing, other than skill performance exams.

None

Exams
0 - 0%

Other: Includes any assessment tools that do not logically fit into the above categories.

Instructor/supervisor evaluations; completed hours and objectives

Other Category
35 - 55%

Representative Textbooks and Materials:

Instructor prepared materials

Foundations for Community Health Workers. 2nd ed. Berthold, Timothy. Jossey-Bass Public Health. 2016