#### **RADT 63B Course Outline as of Fall 2018**

### **CATALOG INFORMATION**

Dept and Nbr: RADT 63B Title: RADIOBIOLOGY/RAD PROTECT

Full Title: Radiobiology Radiation Protection, and Quality Control

Last Reviewed: 9/25/2023

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	3.00	Lab Scheduled	3.00	17.5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	5.00		Contact Total	87.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

#### **Catalog Description:**

Principles of radiobiology, the short and long-term effects of radiation, health physics, introduction to fluoroscopy, quality control, and radiation protection procedures and design.

# **Prerequisites/Corequisites:**

Course Completion of RADT 63A and Concurrent Enrollment in RADT 71D

### **Recommended Preparation:**

#### **Limits on Enrollment:**

Acceptance in program

#### **Schedule of Classes Information:**

Description: Principles of radiobiology, the short and long-term effects of radiation, health physics, introduction to fluoroscopy, quality control, and radiation protection procedures and design. (Grade Only)

Prerequisites/Corequisites: Course Completion of RADT 63A and Concurrent Enrollment in RADT 71D

Recommended:

Limits on Enrollment: Acceptance in program

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

## Certificate/Major Applicable:

Both Certificate and Major Applicable

### **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course students will be able to:

- 1. Define quality assurance and quality control.
- 2. Identify the early and late effects of radiation.
- 3. Differentiate between early and late effects of radiation.
- 4. Evaluate the radiosensitivity of tissues and organs.
- 5. Identify various stages of cell division, proliferation and cancer induction.
- 6. Describe the processes of mitosis and meiosis.
- 7. Explain the cardinal principles of radiation protection.
- 8. List, discuss, and explain the long and short term hazards of radiation to human beings.
- 9. Explain the cardinal principles of radiation protection.
- 10. Discuss the ALARA (As Low As Reasonably Achievable) principle.
- 11. Describe the radiation dose-response relationship.
- 12. Describe the three acute radiation syndromes.
- 13. Explain the theories and list the methods for radiation protection of medical personnel and patients.
- 14. List all of the State and National Radiation Health and Safety regulations for radiologic technology personnel.
- 15. List the fundamental principles of fluoroscopy and their impact on radiation protection.
- 16. Explain the design for radiation protection.

## **Topics and Scope:**

- I. Human Response to Radiation
  - A. Cell theory
  - B. Molecular composition
  - C. Tissues and organs
- II. Biologic Aspects
  - A. Law of Bergonie and Tribondeau
  - B. Radiation responses

- C. Dose response relationships
- D. Biological factors in radiosensitivity
- E. Genetic impact
- F. Embryonic and fetal risks
- G. Somatic effects

#### III. Irradiation of Macromolecules

- A. Point lesions
- B. Macromolecular synthesis
- C. Radiation effects on DNA
- D. Cell recovery
- IV. Linear Energy Transfer
- V. Relative Biological Effectiveness
- VI. Acute Radiation Lethality
  - A. Prodromal period
  - B. Hematologic syndrome
  - C. Gastrointestinal syndrome
  - D. Central nervous system syndrome
  - E. Mean survival time
  - F. Local tissue damage
  - G. Hematologic effects
  - H. Cytogenetic effects
  - I. Late effects of radiation exposure
  - J. Early effects of radiation exposure
- VII. Minimizing Patient Exposure
  - A. Exposure factors
  - B. Shielding
  - C. Beam restriction
  - D. Filtration
  - E. Patient considerations
  - F. Dose documentation
  - G. Image receptors
  - H. Grids
  - I. Fluoroscopy
  - J. Dose area product
- VIII. Radiation Health Physics
  - A. ALARA principle
  - B. Pregnancy policy
  - C. Occupational dose
  - D. Patient exposure dose
  - E. General public exposure dose
  - F. Ethical considerations

#### IX. Personnel Protection

- A. Sources of exposure
  - 1. Primary beam
  - 2. Secondary radiation
- B. Methods of protection time, distance, shielding
- C. Protective devices
- D. Special considerations
  - 1. Mobile units
  - 2. Fluoroscopic
- E. Radiation exposure and monitoring
- F. Handling radioactive materials

- G. Designing for radiation protection
- X. Quality Control
  - A. Radiographic
  - B. Fluoroscopic
  - C. Computerized tomography
- XI. Quality Assurance Procedure Regulations/Dose Limits
  - A. Federal Regulatory Agency
  - B. California Department of Public Health
  - C. California Code of Regulations Title 17

#### Lab:

### XII. Laboratory Experiments

- A. Radiographic quality control
  - 1. Coincidence of x-ray beam and light field
  - 2. kVp accuracy
  - 3. Source image receptor distance indicator
  - 4. Timer accuracy
  - 5. Focal spot accuracy
  - 6. Exposure linearity
  - 7. Exposure reproducibility
- B. Verification of the new mAs formula
- C. Reduction of patient exposure
- D. Inverse Square Law
- E. Occupational exposure reduction
- F. Radiation protection
  - 1. Time, distance, shielding
  - 2. Protective devices: aprons, gloves, thyroid shields, gonadal shielding
  - 3. Collimation
- G. Automatic exposure control
- H. Digital imaging
  - 1. Technical factors
  - 2. Image artifacts
  - 3. Processing algorithms
  - 4. Processing histograms
- I. Grids
- J. Collimation
- K. Control of scatter radiation
- L. Fluoroscopy
  - 1. Operation
  - 2. Radiation protection
    - a. Patient
    - b. Occupational
  - 3. Image lag
  - 4. Quality control
    - a. Technical factors
    - b. Dead man switch
    - c. Collimation
    - d. Gloves, aprons, thyroid shields.

#### **Assignment:**

Lecture Related Assignments:

- 1. Participation in class discussion
- 2. Weekly chapter reading (10-40 pages/week)
- 3. Ten Quizzes, one mid-term and one written final

### Lab Related Assignments:

- 1. Complete weekly lab reports on x-ray production, x-ray emission, technique factor manipulation, image quality and radiation protection.
- 2. Completion of one ALARA project
- 3. One final lab exam
- 4. Weekly chapter assignments

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Lab reports, weekly chapter assignments

Writing 0 - 10%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

ALARA project

Problem solving 10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Lab final exam

Skill Demonstrations 10 - 20%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, mid-term, written final

Exams 70 - 80%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category 0 - 5%

# **Representative Textbooks and Materials:**

Radiologic Science for Technologists. 11th ed. Bushong, Stewart. Mosby. 2016 Instructor-prepared material