### CUL 275.17 Course Outline as of Fall 2017

### **CATALOG INFORMATION**

Dept and Nbr: CUL 275.17 Title: JAPANESE CUISINE: STREET

Full Title: Japanese Cuisine: Street Food

Last Reviewed: 11/14/2022

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	0.50	17.5	Lecture Scheduled	8.75
Minimum	1.00	Lab Scheduled	1.50	2	Lab Scheduled	26.25
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50 Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

### **Catalog Description:**

Cultural foods, historical food trends, and customs as related to gourmet, regional, national, and international cuisines. Preparation of a variety of dishes common to the Japanese regional cuisine specifically focusing on street foods.

### **Prerequisites/Corequisites:**

### **Recommended Preparation:**

### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: Cultural foods, historical food trends, and customs as related to gourmet, regional, national, and international cuisines. Preparation of a variety of dishes common to the Japanese regional cuisine specifically focusing on street foods. (Grade or P/NP)

Prerequisites/Corequisites: Recommended:

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

**AS Degree:** Area Effective: **Inactive: CSU GE: Transfer Area** Effective: Inactive:

**IGETC: Transfer Area** Effective: Inactive:

**CSU Transfer:** Effective: **Inactive:** 

**UC Transfer:** Effective: Inactive:

CID:

### Certificate/Major Applicable:

Major Applicable Course

# **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Students will be able to:

Prepare a variety of dishes common to a particular ethnic cuisine using locally available products.

## **Objectives:**

Upon successful completion of this course, students will be able to:

- 1. Define and describe the differences among ethnic cuisine, regional cuisine, and national cuisine.
- 2. Utilize a variety of cooking techniques to prepare recipes.
- 3. Select and utilize appropriate cooking and service wares to prepare and serve recipes.
- 4. Select ingredients based on geographical location and climate and utilize them to prepare dishes common to a particular ethnic cuisine.
- 5. Describe the eating patterns and lifestyles common to a particular ethnic cuisine.
- 6. Discuss the historical influences of other countries and cuisines on a particular ethnic cuisine.
- 7. Identify and describe the ways foods are used for nutritional, medicinal, and/or ceremonial/religious purposes.

### **Topics and Scope:**

- I. Definitions
  - A. National cuisine
  - B. Regional cuisine
  - C. Ethnic cuisine
  - D. Cooking terminology
- II. Styles of Cooking A. Dry heat

  - B. Moist heat
  - C. Combination cooking
- III. Cooking Equipment

- A. Pots and pans
- B. Ovens and stoves
- C. Utensils
- D. Serving bowls and platters

### IV. Ingredients Based on Geographical Location and Climate

- A. Fresh
- B. Dried
- C. Canned
- D. Frozen
- E. Seasonal
- F. Herbs and spices
- G. Oils and vinegars
- V. Eating Patterns and Lifestyles
  - A. Vegetarian
  - B. Meat based diet
  - C. Stationary vs. mobile

  - D. Home cooking vs. prepared foods
    E. Environmental and health-related considerations

### VI. Historical Influences of Other Countries and Cuisines

- A. Immigration
- B. Politics/colonialization
- C. Religion
- D. Environment
- E. Geography
- F. Trade/commerce

## VII. Foods Used for Specific Purposes

- A. Nutritional
- B. Medicinal
- C Ceremonial/religious

Concepts presented in lecture are applied and practiced in lab.

### **Assignment:**

### Lecture Related Assignments:

- 1. Reading, approximately 3-5 pages per week
- 2. Keep a recipe journal
- 3. Complete worksheet(s) on aspects of cuisine, e.g., equipment identification, terminology, ingredients, cooking methods, historical influences, etc.

# Lab Related Assignments:

- 1. Prepare assigned recipes
- 2. Taste and evaluate the success of recipes prepared in class

### Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Worksheets

Writing 10 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Preparing and evaluating recipes

Skill Demonstrations 50 - 70%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams 0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Recipe journal; attendance and participation

Other Category 20 - 30%

### **Representative Textbooks and Materials:**

Instructor prepared materials.