#### **HLC 140 Course Outline as of Summer 2017**

## **CATALOG INFORMATION**

Dept and Nbr: HLC 140 Title: HEALTH CARE IMPLIC A & P

Full Title: Health Care Implications of Anatomy and Physiology

Last Reviewed: 9/11/2023

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00 Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

#### **Catalog Description:**

Implications of anatomy and physiology for patient care, including relationship of body structures and functions to health and disease. Designed as preparation for selected health sciences programs.

#### **Prerequisites/Corequisites:**

Course Completion or Current Enrollment in ANAT 140

## **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Implications of anatomy and physiology for patient care, including relationship of body structures and functions to health and disease. Designed as preparation for selected health sciences programs. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion or Current Enrollment in ANAT 140

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

**AS Degree:** Area Effective: Inactive: **Transfer Area CSU GE:** Effective: **Inactive:** 

**IGETC: Transfer Area** Effective: **Inactive:** 

**CSU Transfer:** Effective: **Inactive:** 

**UC Transfer:** Effective: Inactive:

CID:

## Certificate/Major Applicable:

Both Certificate and Major Applicable

## **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

- 1. Discuss the importance of body planes and regions to patient care.
- 2. Discuss the relationship of homeostasis to specific elements of patient care.
- 3. Differentiate between healthy and compromised skin.
- 4. Discuss the implications of cell damage and necrosis for health care conditions.
- 5. Discuss body mechanics as related to specific health care situations and conditions.
- 6. Describe the possible effects of immobility on skeletal muscle, bone, and joints.
- 7. Discuss implications of pain symptoms and relationship to vital signs.
- 8. Explain how the stress response is related to disease.
- 9. State health problems arising from loss of vision/hearing/balance.10. Identify and describe health care problems related to coronary artery disease.
- 11. Describe the local and systemic effects of inflammation.
- 12. Describe common manifestations of respiratory disease and patient care implications.
- 13. State general manifestations of urinary disorders and discuss patient care implications.
- 14. Discuss the value of diet and nutrition and its relation to healing and contribution to diseases.
- 15. Discuss common manifestations of digestive system disorders and patient care implications.
- 16. Discuss common manifestations of reproductive disorders, male and female.

## **Topics and Scope:**

- Use of body planes and regions in patient care
  Homeostasis and illness
- a. Maintaining homeostasis
- b. Fluid imbalance
- 3. Cells, tissue, and organs
- a. Cellular adaptations
- b. Cell damage and necrosis
- c. Healthy and compromised skin
- 4. Muscular and skeletal systems

- a. Effects of immobility
- b. Body mechanics
- 5. Nervous system
- a. Pain
- b. Stress and disease
- c. Motor dysfunction
- d. Stroke
- 6. Eye and ear
- a. Working with patients with vision loss
- b. Hearing loss issues
- c. Balance issues
- 7. Circulation
- a. Alterations in blood pressure
- b. Coronary artery disease
- 8. Immune system
- a. Inflammation and healing
- b. Development and clinical signs and symptoms of infection
- 9. Respiratory system
- a. Gas exchange
- b. Common manifestations of respiratory disease and patient care implications
- 10. Urinary system
- a. General manifestations of urinary system disorders and patient care implications
- b. Diagnostic tests
- 11. Digestive system
- 12. Reproductive system

### **Assignment:**

- 1. Read selected topics in textbook: Approximately 5 10 pages per week.
- 2. Complete weekly chapter assignments from textbook.
- 3. Research paper (3-5 pages) on a disease and its associated patient care implications.
- 4. Case studies (1-2) a week.
- 5. Mid-Term Exams (2) and Final Exam (1)

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Research paper and case studies

Writing 20 - 30%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Chapter assignments.

Problem solving 10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
Midterns (2) Final (1)	Exams 40 - 60%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	

Other Category 5 - 10%

Attendance and participation.

**Representative Textbooks and Materials:**Anatomy, Physiology Disease, Colbert, Ankney and Lee, 2009, Pearson Publication Instructor prepared materials