### **KTEAM 6.3 Course Outline as of Fall 2016**

# **CATALOG INFORMATION**

Dept and Nbr: KTEAM 6.3 Title: ADVANCED SOCCER Full Title: Advanced Soccer Last Reviewed: 2/26/2024

Units		Course Hours per Week	ľ	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	2	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	PHYED 92.3

### **Catalog Description:**

The purpose of this course is to provide advanced instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis placed on drills and competitive play situation.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

Course Completion of KTEAM 6.2

### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: The purpose of this course is to provide advanced instruction in the techniques, tactics and strategies associated with competitive soccer. Special emphasis placed on drills and competitive play situation. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Course Completion of KTEAM 6.2 Limits on Enrollment:

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	I.		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	L		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

# CID:

**Certificate/Major Applicable:** Major Applicable Course

# **COURSE CONTENT**

### **Outcomes and Objectives:**

- 1. Execute advanced levels of offensive and defensive soccer fundamentals.
- 2. Analyze advanced techniques of shooting, passing and dribbling.
- 3. Incorporate strategies for attacking various defensive alignments
- 4. Demonstrate knowledge of the mental aspects of advanced soccer with new learning objectives.
- 5. Design an offensive and defensive game plan for advanced competitive play.
- 6. Advanced of analysis of rules of soccer
- 7. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

# **Topics and Scope:**

- I. Advanced techniques and principles of individual offense
  - A. Passing
  - B. Shooting
  - C. Screening and using screens
- II. Advanced techniques and principles of individual defense
  - A. Stance
  - B. Sliding
  - C. Positioning
  - D. Boxing out

- III. Advanced techniques and principles of team offense A. Spacing
  - B. Ball Movement
  - C. Execution of plays and continuity offense
- IV. Advanced techniques and principles of team defenseA. Man to man techniques and positioningB. Various zone defenses
- V. Relaxation and focusing techniques
- VI. Developing game plans
- VII. Advanced analysis of rules of soccer

#### **Assignment:**

Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

- 1. Practice and analyze advanced soccer skills and fundamentals
- 2. In-class competitive soccer situations
- 3. 3-5 performance exams throughout the semester
- 4. Multiple choice and/or true/false quizzes (1-5)
- 5. Design a game plan

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Writing a game plan

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Analyze advanced soccer skills and fundamentals

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Advanced	soccer	skills a	nd fun	damentals,	in	class	soccer	•
situations,	3 to 5	perform	ance e	xams				

**Exams:** All forms of formal testing, other than skill performance exams.

1 to 5 multiple choice, true/false quizzes

Writing 10 - 20%

Problem solving 10 - 20%

Skill Demonstrations	
30 - 50%	

Exa	ams
10 -	20%

Attendance and participation

Other Category 20 - 40%

# **Representative Textbooks and Materials:**

Soccer skills and drills [Book] Lennox, James, W., Rayfield, Janet, Steffen, Bill National Soccer Coaches Association of America in Books Amazon.com