

CATALOG INFORMATION

Dept and Nbr: KTEAM 7.1      Title: INDOOR SOCCER  
Full Title: Indoor Soccer  
Last Reviewed: 2/27/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly: PHYED 93

**Catalog Description:**  
This activity course is designed to teach basic indoor soccer fundamentals and rules of the game.

**Prerequisites/Corequisites:**

**Recommended Preparation:**

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: This activity course is designed to teach basic indoor soccer fundamentals and rules of the game. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended:  
Limits on Enrollment:  
Transfer Credit: CSU;UC.  
Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Demonstrate knowledge of rules and skills to compete in indoor soccer.
2. Apply tactical components of team play
3. Utilize indoor soccer training techniques

### **Objectives:**

Upon completion of the course the student will:

1. Understand the rules and skills of indoor soccer.
2. Develop the tactical components of team play.
3. Develop conditioning routines for participation in indoor soccer.
4. Understand basic positional play.

### **Topics and Scope:**

- I. Introduction to the Game
  - A. Safety of players
  - B. Equipment needs
  - C. Terminology of soccer
- II. The Field of Play
  - A. Position of the players
    1. Offensive
    2. Defensive
  - B. Rules of the game
  - C. Court markings
- III. Basic Individual Skills
  - A. Kicking
  - B. Shooting
  - C. Dribbling
  - D. Trapping
  - E. Passing
- IV. Positional play
  - A. Goalkeepers

- B. Defenders
- C. Strikers
- V. Team Tactics
  - A. Systems of play
  - B. Dead ball situations
  - C. Team scrimmages

### Assignment:

Students are required to spend an additional one and one-half hours per week outside of class working on one or more of the assignments listed below; or other assignment as directed by the instructor.

1. Competitive situational soccer in-class activities
2. 1-3 performance/skill exams
3. 1-3 multiple choice and/or true/false quizzes
4. Review of game rules and player safety considerations

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category  
40 - 60%

### Representative Textbooks and Materials:

Soccer Steps to Success

Human Kinetics, 2014

Instructor prepared materials