

CATALOG INFORMATION

Dept and Nbr: ATHL 30

Title: THEORY ANALYSIS SOCCER

Full Title: Theory and Analysis of Soccer

Last Reviewed: 2/6/2023

| Units | | Course Hours per Week | | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 1.50 | Lecture Scheduled | 0 | 17.5 | Lecture Scheduled | 0 |
| Minimum | 1.50 | Lab Scheduled | 3.00 | 6 | Lab Scheduled | 52.50 |
| | | Contact DHR | 0 | | Contact DHR | 0 |
| | | Contact Total | 3.00 | | Contact Total | 52.50 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

Catalog Description:

Explanation, organization, and development of various tactical and technical systems in soccer.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Explanation, organization, and development of various tactical and technical systems in soccer. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| | | | | | |
|----------------------|----------------------|------------|-----------|------------|-----------|
| AS Degree: | Area | | | Effective: | Inactive: |
| CSU GE: | Transfer Area | | | Effective: | Inactive: |
| IGETC: | Transfer Area | | | Effective: | Inactive: |
| CSU Transfer: | Transferable | Effective: | Fall 1981 | Inactive: | |
| UC Transfer: | Transferable | Effective: | Fall 1981 | Inactive: | |

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Identify and assess the offensive and defensive strategies of an opponent.
2. Formulate appropriate tactical strategies based on the assessment of the opponent's offensive and defensive strategies.
3. Evaluate and assess soccer personnel.

Objectives:

1. Identify and explain basic offensive and defensive strategies.
2. Analyze strategies and personnel through the use of film, scouting reports, and established offensive criteria.
3. Formulate a variety of strategies based on specific strategies and personnel of opponents.

Topics and Scope:

1. Basic offensive strategies
 - a. Ball control
 - b. Pressure offense
2. Film and scouting report analysis
 - a. Personnel and team performance assessment
 - b. Opponent personnel and performance assessment
3. Basic defensive strategies
 - a. Zone defense
 - b. Man defense
4. Player assessment
 - a. Scouting
 - b. Film
 - c. Statistics

Assignment:

Students are expected to spend an additional one and one-half hours per week devoted to studies related to this class.

Representative Assignments:

1. Creating and analyzing scouting reports (3-5)
2. Developing a playbook
3. Diagramming specific offensive and defensive strategies (3-5)
4. Film analysis (1 per week)
5. Logs and critiques of offensive and defensive schemes (5-8)
6. Quizzes (3-5)
7. Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Playbook, scouting reports, logs, strategy diagrams and logs/critiques

Writing
30 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Film analysis

Problem solving
10 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, completion

Exams
20 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category
20 - 30%

Representative Textbooks and Materials:

Soccer Systems & Strategies Bangsbo, J., Peitersen, B. (2000) classic

Instructor prepared materials