

AJ 343 Course Outline as of Fall 2019**CATALOG INFORMATION**

Dept and Nbr: AJ 343 Title: DT INSTRUCTOR

Full Title: Defensive Tactics Instructor

Last Reviewed: 11/27/2018

Units	Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	7.00	1	Lecture Scheduled 7.00
Minimum	1.00	Lab Scheduled	33.00	1	Lab Scheduled 33.00
		Contact DHR	0		Contact DHR 0
		Contact Total	40.00		Contact Total 40.00
		Non-contact DHR	0		Non-contact DHR 0

Total Out of Class Hours: 14.00

Total Student Learning Hours: 54.00

Title 5 Category: AA Degree Non-Applicable

Grading: P/NP Only

Repeatability: 21 - Legally Mandated Repetition

Also Listed As:

Formerly:

Catalog Description:

This course is designed to train peace officers how to teach weaponless defense tactic and arrest and control techniques according to the California Commission on Peace Officer Standards and Training (POST).

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:**

Must have law enforcement experience or equivalency. Students will be required to provide a medical clearance to participate in the DT Instructor arrest and control techniques, physical conditioning program, and POST required physical performance exam(s).

Schedule of Classes Information:

Description: This course is designed to train peace officers how to teach weaponless defense tactic and arrest and control techniques according to the California Commission on Peace Officer Standards and Training (POST). (P/NP Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Must have law enforcement experience or equivalency. Students will be required to provide a medical clearance to participate in the DT Instructor arrest and control techniques, physical conditioning program, and POST required physical performance exam(s).

Transfer Credit:

Repeatability: Legally Mandated Repetition

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Not Certificate/Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Obtain defensive tactics instructor POST certification.
2. Demonstrate and instruct technical skills required of arrest and control techniques and weaponless defense instruction.
3. Identify the essential principles of adult learning.

Objectives:

Upon completion of this course, students will be able to:

1. Explain body physics and dynamics
2. Explain and demonstrate control techniques, to include carotid restraint
3. Explain and demonstrate handcuffing techniques
4. Recognize and evaluate injury prevention and recovery first aid
5. Demonstrate prisoner restraint
6. Explain and demonstrate search techniques and tactics
7. Define and explain use of force theory and application
8. Identify, explain and demonstrate personal weaponless defense
9. Explain and demonstrate weapon retention and takeaway
10. Explain and apply adult learning concepts
11. Identify and explain legal issues
12. List and explain performance evaluation techniques
13. Explain safety protocols

Topics and Scope:

- I. Adult Learning Concepts

- A. Modes
- B. Performance evaluation techniques
- II. Use of Force
 - A. Control techniques
 - B. Prisoner restraint
 - C. Handcuffing
 - D. Injury prevention
 - E. Safety protocols
- III. Weaponless Defense
 - A. Personal body weapons
 - B. Tactical communications
- IV. Body Physics and Dynamics
 - A. Stances
 - B. Position of advantage
 - C. Falling techniques
- V. Searches
 - A. Legal issues
 - B. Methodology
- VI. Weapon Retention and Takeaway
 - A. Handgun
 - B. Long gun

All topics are covered in the lecture and lab portions of the course

Assignment:

Lecture-Related Assignments:

1. Complete 5 to 6 hours of reading before arriving to class
2. One final written examination
3. Must meet POST attendance regulations

Lab-Related Assignments:

1. One student led presentation
2. Successful practice, replication and demonstration of defensive tactics and arrest control skills and techniques
3. Scenarios (1-3) to include successful application of arrest control techniques and tactics

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Defensive tactics skills and student led presentation

Skill Demonstrations
40 - 50%

Exams: All forms of formal testing, other than skill performance exams.

Exam: Short fill-in, T/F

Exams
5 - 15%

Other: Includes any assessment tools that do not logically fit into the above categories.

Must meet POST & STC attendance and participation regulation. Pre-class reading assignments

Other Category
35 - 45%

Representative Textbooks and Materials:

Instructor prepared materials.