

**AJ 344 Course Outline as of Spring 2016****CATALOG INFORMATION**

Dept and Nbr: AJ 344

Title: DT INSTRUCTOR UPDATE

Full Title: Defensive Tactics Instructor Update

Last Reviewed: 11/23/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0.50	Lecture Scheduled	5.00	1	Lecture Scheduled	5.00
Minimum	0.50	Lab Scheduled	11.00	1	Lab Scheduled	11.00
		Contact DHR	0		Contact DHR	0
		Contact Total	16.00		Contact Total	16.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 10.00

Total Student Learning Hours: 26.00

Title 5 Category: AA Degree Non-Applicable

Grading: P/NP Only

Repeatability: 21 - Legally Mandated Repetition

Also Listed As:

Formerly:

**Catalog Description:**

This course is designed to update peace officers how to instruct weaponless defense tactics and arrest and control techniques according to the California Commission on Peace Officer Standards and Training (POST).

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:**

Must show proof of completion of basic defensive tactics course.

**Schedule of Classes Information:**

Description: This course is designed to update peace officers how to instruct weaponless defense tactics and arrest and control techniques according to the California Commission on Peace Officer Standards and Training (POST). (P/NP Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Must show proof of completion of basic defensive tactics course.

Transfer Credit:  
Repeatability: Legally Mandated Repetition

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**  
Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Qualify for recertification as a POST certified defensive tactics instructor.
2. Demonstrate technical instructional skills required for the defensive tactics instructor.
3. Identify the essential principles of adult learning.

### **Objectives:**

Upon completion of the course, students will be able to:

1. Demonstrate and instruct body physics, dynamics and safety
2. Demonstrate and instruct control techniques
3. Demonstrate and instruct searches
4. Demonstrate and instruct use of force
5. Demonstrate and instruct weapon retention and takeaway
6. Explain and apply adult learning concepts
7. Discuss legal updates

### **Topics and Scope:**

1. Adult Learning Concepts
  - a. Modes
  - b. Performance evaluation techniques
2. Control Techniques (Lab)
  - a. Personal body weapons
  - b. Prisoner restraint
  - c. Handcuffing
  - d. Injury prevention
3. Weaponless Defense (Lab)
  - a. Personal body weapons
  - b. Tactical communications
4. Body Physics and Dynamics (Lab)

- a. Stances
- b. Position of advantage
- c. Falling techniques
- d. Safety protocols
- 5. Searches
  - a. Legal issues
  - b. Methodology
- 6. Weapon Retention and Takeaway (Lab)
  - a. Handgun
  - b. Long gun

### Assignment:

- 1. One final written examination
- 2. Must meet POST attendance regulations
- 3. One student-led presentation
- 4. Demonstration of defensive tactics skills and techniques
- 5. 8 to 12 hours of reading assignments before attending class

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

One student-led presentation

Problem solving  
10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Defensive tactics skills and student-led presentation

Skill Demonstrations  
25 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

Exam: Fill-in

Exams  
5 - 10%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
25 - 50%

### Representative Textbooks and Materials:

Instructor prepared materials.

