#### **HLC 121 Course Outline as of Fall 2016**

## **CATALOG INFORMATION**

Dept and Nbr: HLC 121 Title: HEALTH CAREERS ACAD I

Full Title: Health Careers Academy I

Last Reviewed: 2/22/2016

Units		Course Hours per Week	<b>S</b>	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.50	Lab Scheduled	1.50	8	Lab Scheduled	26.25
		Contact DHR	0		Contact DHR	0
		Contact Total	2.50		Contact Total	43.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00 Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

### **Catalog Description:**

This course is designed to introduce students to healthcare and healthcare careers through lecture. Career exploration will focus on the following health career profiles: medical-surgical, laboratory, pharmacy services, diagnostic imaging, and health information. Anatomy and physiology will be introduced with a focus on the cardiovascular and nervous systems.

# **Prerequisites/Corequisites:**

Course Completion or Current Enrollment in HLC 121L

## **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

## **Limits on Enrollment:**

Due to hospital requirements students must be 16 years of age or older and meet the following immunizations and vaccination requirements; MMR, Varicella-Zoster, Hepatitis B, Tdap, seasonal influenza, and current TB clearance.

### **Schedule of Classes Information:**

Description: This course is designed to introduce students to healthcare and healthcare careers through lecture. Career exploration will focus on the following health career profiles: medical-surgical, laboratory, pharmacy services, diagnostic imaging, and health information. Anatomy

and physiology will be introduced with a focus on the cardiovascular and nervous systems. (Grade Only)

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Recommended: Eligibility for ENGL 100 or ESL 100

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**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# Certificate/Major Applicable:

Not Certificate/Major Applicable

# **COURSE CONTENT**

# **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Identify opportunities for employment in focused healthcare career profiles: medical-surgical, laboratory, pharmacy services, diagnostic and imaging, and health information.
- 2. Describe workplace ethics and explain the importance of ethical standards, confidentiality, Health Insurance Portability and Accountability Act (HIPAA), and patient rights in healthcare professions.
- 3. Describe basic anatomy and physiology of the cardiovascular and nervous systems.

# **Objectives:**

Upon completion of this course, the student will be able to:

- 1. Describe and explain the compliant medical and legal requirements for participation in health occupations.
- 2. Describe workplace ethics and explain the importance of ethical standards, confidentiality, Health Insurance Portability and Accountability Act (HIPAA), and patient rights in healthcare professions.
- 3. Demonstrate understanding of focused health career profiles: medical-surgical, laboratory, pharmacy services, diagnostic and imaging, and health information.
- 4. Describe basic anatomy and physiology of the cardiovascular and nervous systems.
- 5. Describe basic cardiovascular disease physiology, prevention, and management.
- 6. Describe healthcare through the ages and healthcare industry trends.

# **Topics and Scope:**

- I. Overview of major healthcare events through the ages:
  - A. Prehistoric times
  - B. Ancient times
  - C. Medieval times
  - D.The Renaissance
  - E. Modern times
- II. Healthcare industry trends:
  - A. Aging population
  - B. Wellness and prevention
  - C. Complementary therapies
  - D. Healthcare specialization
- III. Professionalism in healthcare:
  - A. Assertive behavior
  - B. Positive attitude
  - C. Professional dress
  - D. Self-confidence
  - E. Dependability.
  - F. Interest in learning
  - G. Initiative

#### IV. Law:

- A. Types of
- B. Liability and negligence
- C. Protecting patients' rights
- D. Confidentiality and the HIPAA
- E. Privacy

#### V. Ethics:

- A. Ethical principles
- B. Medical ethics.
- C. Ethical decision making
- D. Cultural diversity in healthcare

#### VI. Presentations:

- A. Presentation software choices
- B. Oral presentation techniques
- VII. Overview of healthcare careers:
  - A. Medical-surgical patient care
    - 1. Medical Assistant.
    - 2. Surgical Technologist.
    - 3. Physician Assistant.
  - B. Laboratory and pharmacy services:
    - 1. Clinical Lab Technologist.
    - 2. Clinical Lab Technician.
    - 3. Laboratory Assistant.
    - 4. Pharmacist.
    - 5. Pharmacy Technician.
    - 6. Phlebotomist.
  - C. Diagnostic and therapuetic imaging services:
    - 1. Echocardiographer.
    - 2. CardiovascularTechnologist.
    - 3. Sonographers.
  - D. RadiologicTechnologist/Radiographer.
    - 1. Nuclear MedicineTechnologist.

- 2. Magnetic Resonance Imaging (MRI).
- 3. Computerized Tomography (CT).
- E. Health Information and Administration:
  - 1. Health Information Technician.
  - 2. Health Information Coder.
  - 3. Medical Transcriptionist.
  - 4. Healthcare Interpreter.
- VIII. Introduction to anatomy and physiology:
  - A. Organs and systems
  - B. Cavities and regions
  - C. Basic anatomy and physiology:
    - 1. Cardiac system.
    - 2. Nervous system.
  - D. Cardiac disease and conditions:
    - 1. Physiology
    - 2. Prevention
    - 3. Management

## **Assignment:**

- 1. Read 15-30 pages from text per week.
- 2. Complete 2-5 related medical terminology and medical abbreviation exercises.
- 3. Disease-focused group project: Conduct research on cardiovascular disease and associated conditions that increase risk. Write a 3-5 page paper describing a current community health issue in Sonoma County related to cardiovascular disease, prevention possibilities, and health resources. Present research on relevant community health issue in class.
- 4. Complete 2-5 quizzes & exams.
- 5. Complete pre/post surveys.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Group research project.

Writing 10 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Medical terminology and medical abbreviation worksheets and group research project presentation.

Problem solving 15 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Application of community needs assessment concepts.

Skill Demonstrations 5 - 10%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, exams.

Exams 20 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Class participation and attendance.

Other Category 10 - 25%

**Representative Textbooks and Materials:**Introduction to Health Care and Careers, Roxann DeLaet, R., 2012