

CATALOG INFORMATION

Dept and Nbr: COUN 390 Title: TRANSITION TO COLLEGE
Full Title: Transition to College for First-Generation College Students
Last Reviewed: 11/9/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0.25	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	0.25	Lab Scheduled	0.75	1	Lab Scheduled	13.13
		Contact DHR	0		Contact DHR	0
		Contact Total	0.75		Contact Total	13.13
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 13.13

Title 5 Category: AA Degree Non-Applicable
Grading: P/NP Only
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly:

Catalog Description:
Provides a basic review of differences between high school and college that focuses on identifying challenges and developing strategies to help first-generation college students successfully transition to college culture.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Provides a basic review of differences between high school and college that focuses on challenges and strategies to help first-generation college students successfully transition to college culture. (P/NP Only)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Not Certificate/Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Explain the differences between high school and college culture and the benefits of a college education.
2. Identify different sources of financial assistance to be successful in college.
3. Identify the different ways to be engaged and supported in college life.

Objectives:

Students will be able to:

1. Understand the differences between high school and college culture and the benefits of a college education.
2. Demonstrate knowledge and understanding of various types of financial aid and scholarships.
3. Understand diversity in the context of college culture.
4. Describe the benefits of being involved and integrated into college life.
5. Understand the challenges unique to first generation college students and how to overcome these challenges.

Topics and Scope:

- I. Differences between High School and College
 - A. Self-selection and self-enrollment of classes
 - B. Instructor expectations
 - C. Communication with instructors - office hours, portal/cubby
 - D. College structure
 - E. Family Educational Rights and Privacy Act (FERPA) regulations
 - F. Grading system
 - G. GPA - local, degree, transferable
 - H. Education as a choice
- II. Benefits of a College Education
 - A. Financial

- B. Expanding career and employment opportunities
 - C. Personal growth
 - D. Intellectual development
 - E. Skill acquisition
- III. Paying for College
- A. College expenses
 - B. Federal financial aid (FAFSA) Free Application for Federal Student Aid
 - C. State financial aid (Board of Governors,(BOG), Cal Grant)
 - D. Resources for AB-540 students
 - E. Scholarships
 - F. Employment and Work Study
- IV. Diversity and Higher Education
- A. Definitions of diversity
 - B. Statistics and changing demographics
 - C. What it means to be a "Hispanic Serving Institution"
 - D. Values and education
 - E. Courses with diversity focus
- V. College Involvement/Connections
- A. Campus clubs
 - B. Campus activities and events
 - C. Student government
 - D. College media
 - E. Learning communities
 - F. Study groups
 - G. Bertolini Student Center
 - H. Special support programs/resources for underrepresented/first-generation students: Mathematics, Engineering, Science Achievement (MESA) , Puente, Extended Opportunity Programs and Services (EOPS), Mi Casa, CalWORKs, (Disability Resources Department) DRD
- VI. Challenges unique to first-generation college students
- A. Parental support/involvement
 - B. Demands from home
 - C. Cultural challenges and navigating two worlds - college culture vs. home culture
 - D. Managing social life: relationships, sexuality, partying
 - E. Balancing work and school
 - F. Importance of positive role models
 - G. Campus study environments: Library, Writing Lab, Math Labs, Language Lab, Computer Labs, Mi Casa
 - H. Programs to enhance academics: Work Experience, Internships, Community Involvement
 - I. Maintaining motivation

Assignment:

1. 3-5 minute oral presentation describing personal reflection collage.
2. One-page paper on how to overcome challenges as first-generation college students.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

One-page written reflection report.	Writing 5 - 20%
Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.	
None	Problem solving 0 - 0%
Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.	
Student prepares collage and presents it orally.	Skill Demonstrations 10 - 40%
Exams: All forms of formal testing, other than skill performance exams.	
None	Exams 0 - 0%
Other: Includes any assessment tools that do not logically fit into the above categories.	
Class participation	Other Category 50 - 70%

Representative Textbooks and Materials:
 Santa Rosa Junior College Student Guide
 Instructor prepared materials