### **ATHL 30 Course Outline as of Spring 2015**

# **CATALOG INFORMATION**

Dept and Nbr: ATHL 30 Title: THEORY ANALYSIS SOCCER Full Title: Theory and Analysis of Soccer Last Reviewed: 2/6/2023

Units		Course Hours per Week	Ν	lbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	0	3	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 71.1

#### **Catalog Description:**

Explanation, organization, and development of various tactical and technical systems in soccer.

**Prerequisites/Corequisites:** 

**Recommended Preparation:** 

**Limits on Enrollment:** 

#### **Schedule of Classes Information:**

Description: Explanation, organization, and development of various tactical and technical systems in soccer. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Limits on Enrollment: Transfer Credit: CSU;UC. Repeatability: 4 Enrollments Total

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	L		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

CID:

## **Certificate/Major Applicable:**

Major Applicable Course

# **COURSE CONTENT**

### **Outcomes and Objectives:**

- 1. Identify and explain basic offensive and defensive strategies.
- 2. Analyze strategies and personnel through the use of film, scouting reports, and established offensive criteria.
- 3. Formulate a variety of strategies based on specific startegies and personnel of opponents

## **Topics and Scope:**

- 1. Basic offensive strategies
  - a. Ball control
  - b. Pressure offense
- 2. Film and scouting report analysis
  - a. Personnel and team performance assessment
  - b. Opponent personnel and performance assessment
- 3. Basic defesnive strategies
  - a. Zone defense
  - b. Man defense
- 4. Player assessment
  - a. Scouting
  - b. Film
  - c. Statistics

## Assignment:

Representative Assignments:

1. Students are expected to spend an additional one and one-half hours per week outside of class completing one or more of the following assignments.

- 2. Creating and analyzing scouting reports
- 3. Developing a playbook
- 4. Diagramming specific offensive and defensive strategies

- 5. Film analysis
- 6. Note taking
- 7. Logs and critiques of offensive and defensive schemes
- 8. Repeating students demonstrate an increased level of performance.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Journal, scouting reports, logs, and critiques

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Film analysis

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, completion

**Other:** Includes any assessment tools that do not logically fit into the above categories.

#### Participation

#### **Representative Textbooks and Materials:**

Soccer Systems & Strategies Bangsbo, J., Peitersen, B. 2000 classic

Instructor prepared materials

Problem solving 5 - 20%	

Writing

20 - 40%

Skill Demonstrations
10 - 20%

Exams	
10 - 20%	

Other Category 10 - 25%