#### ESL 735 Course Outline as of Fall 2014

## **CATALOG INFORMATION**

Dept and Nbr: ESL 735 Title: VESL FOR CULINARY ARTS Full Title: Vocational English as a Second Language for Culinary Arts

Last Reviewed: 10/12/2020

Units		Course Hours per Weel	k N	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	0	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	0	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: Non-Credit

Grading: Non-Credit Course

Repeatability: 27 - Exempt From Repeat Provisions

Also Listed As:

Formerly:

### **Catalog Description:**

This course will provide a foundation for non-native English speaking students for 4 introductory Culinary Arts classes. Students will become familiar with basic culinary and food safety vocabulary; learn reading, writing and test-taking skills; and practice oral communication skills necessary for the professional culinary environment.

# **Prerequisites/Corequisites:**

### **Recommended Preparation:**

Course Eligibility for EMLS 716 (or ESL 716)

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: This course will provide a foundation for non-native English speaking students for 4 introductory Culinary Arts classes. Students will become familiar with basic culinary and food safety vocabulary; learn reading, writing and test-taking skills; and practice oral communication skills necessary for the professional culinary environment. (Non-Credit Course) Prerequisites/Corequisites:

Recommended: Course Eligibility for EMLS 716 (or ESL 716)

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Exempt From Repeat Provisions

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# Certificate/Major Applicable:

Certificate Applicable Course

# **COURSE CONTENT**

# **Outcomes and Objectives:**

Upon completion of this course, the student will be able to:

- 1. Identify and define common culinary and food safety terms, ingredients, products, and concepts.
- 2. Identify and describe the use of common culinary and food safety equipment.
- 3. Identify and describe basic cooking techniques.
- 4. Participate actively and communicate effectively in group discussions, role-plays, and presentations on food safety and culinary arts topics.
- 5. Identify and discuss the roles and responsibilities of a professional food service worker.
- 6. Demonstrate ability to clarify spoken instructions and lecture material.
- 7. Demonstrate understanding of oral and written instructions and objective test formats.
- 8. Recognize and demonstrate understanding of food safety and culinary charts, recipes, and diagrams.
- 9. Read, annotate, and demonstrate comprehension of the main idea of selected topical readings.
- 10. Interpret simple word problems and various recipe forms correctly.
- 11. Write about selected topics.

# **Topics and Scope:**

- I. Food Safety and Sanitation
  - A. Vocabulary Recognition
    - 1. Microbiological Hazards -- terms and concepts such as: pathogen, bacteria, virus, parasite, fungi (molds and yeasts), toxin, intoxication
    - 2. Types of Hazards in Food: physical, chemical, and biological
    - 3. Foodborne Illnesses Terms and Concepts
      - a. Basic concepts such as: foodborne illness, pathogen, cross

#### contamination;

- b. Pathogen types and characteristics such as: bacteria, virus, parasite, fungi (molds and yeasts)
- c. Food danger zone
- d. Importance of time and temperature controls
- 4. Safety and Sanitation Procedures, Terms and Concepts
  - a. Personal hygiene and disease transmission
  - b. Food danger zone
  - c. Cleaning and sanitizing steps: wash, rinse, sanitize, air dry
  - d. Cleaning and sanitizing chemicals: bleach, iodine, quats (quaternary ammonia)
  - e. Cleaning versus sanitizing
  - f. Accidents, hazards and emergency procedures: choking, lacerations, burns, slips and falls.

#### B. Oral/Aural Skills

- 1. Discussion skills for effective groupwork (active listening and participation, politeness strategies, asking questions, clarifying information)
- 2. Role-plays and presentations on food safety and sanitation topics
- 3. Understanding main ideas and details in spoken instructions and oral presentations on food safety and sanitation topics
- 4. Identifying safety and sanitation responsibilities of food service workers

### C. Reading

- 1. Understanding main ideas and details in food safety and sanitation readings
- 2. Highlighting important information in food safety and sanitation readings
- 3. Using skimming, scanning, and context clues to identify important vocabulary and definitions related to food safety and sanitation

### D. Writing

- 1. A short dialogue on food safety and sanitation topics
- 2. A worksheet to evaluate for safety and sanitation
- 3. A summary of a presentation about sanitation

# II. Culinary Arts Survey

# A. Vocabulary Recognition

- 1. Culinary techniques, tools and terms (such as: broil, sauté, poach, mince, serrated knife, steam kettle, host, menu, broth)
- 2. U.S. measurement standards and their equivalents

#### B. Oral/Aural Skills

- 1. Listening to instructions and presentations for main ideas and details
- 2. Discussion skills for effective groupwork (active listening and participation, politeness strategies, asking questions, clarifying information)

# C. Reading

- 1. Interpreting charts and timelines of culinary history
- 2. Using skimming, scanning, and context clues to identify important vocabulary and definitions related to professional cooking
- 3. Highlighting important information in culinary history texts
- 4. Interpreting and using table of contents, index, headings,

charts and pictures to find information and improve understanding of culinary and syllabus information

### D. Writing

- 1. Note-taking
- 2. Creating timeline based on culinary history reading
- 3. Completing culinary problem-solving worksheets
- 4. Poster presentation on ingredient from the student's culture

### III. Professional Cooking Basics

### A. Vocabulary Recognition

- 1. Ingredients (vegetables, fruits, grains, legumes, potatoes, pastas, meats, fish, poultry)
- 2. Equipment (hand tools, measuring tools, cookware)
- 3. U.S. measurement standards and their equivalents
- 4. Cleaning tools and supplies
- 5. Kitchen hierarchy (executive chef, sous chef, area chef, line cook)
- 6. Cooking techniques and concepts (mise en place, dry heat, moist heat, combined cooking)

#### B. Oral/Aural Skills

- 1. Listening to instructions and presentations for main ideas and details
- 2. Oral presentation and demonstration of a recipe from the student's culture
- 3. Clarifying, asking questions, confirming instructions

### C. Reading

- 1. Interpreting and using table of contents, index, headings, recipe formats, charts, and pictures to find information and improve understanding of culinary and syllabus information
- 2. Using skimming, scanning, and context clues to identify important vocabulary and definitions related to professional cooking
- 3. Highlighting important information in culinary texts

## D. Writing

- 1. Note-taking
- 2. Summaries of cooking demonstrations
- 3. Completing culinary problem-solving worksheets
- 4. Writing a recipe from the student's culture

# IV. Introduction to Baking and Pastry

# A. Vocabulary Recognition

- 1. Ingredient groups (leavenings, fats, flours, dairy)
- 2. Equipment (hand tools, machinery, scales)
- 3. Measurements (liquid, dry, weights)
- 4. Baked goods (doughs, pies and tarts, quick breads, cakes, breads)

#### B. Oral/Aural Skills

- 1. Listening to instructions and presentations for main ideas and details
- 2. Clarifying, asking questions, confirming instructions

# C. Reading

1. Interpreting and using table of contents, index, headings, recipe formats, charts, and pictures to find information and improve understanding of culinary and syllabus information

- 2. Using skimming, scanning, and context clues to identify important vocabulary and definitions related to professional cooking
- 3. Highlighting important information in culinary texts

### D. Writing

- 1. Completing culinary problem-solving worksheets
- 2. A summary of baking demonstration
- 3. Note-taking

### **Assignment:**

Representative Assignments:

- 1. Reading and writing assignments including notetaking, highlighting, summarizing, and short reports (6-10)
- 2. Skill demonstrations:
  - a) Memorization of culinary and food safety terms;
  - b) Internet research;
  - c) Role-plays;
  - d) Oral presentations and demonstrations (3)
- 3. Problem solving:
  - a) Recipe conversion exercises;
  - b) Mathematical conversion exercises;
  - c) Problem-solving worksheets
- 4. Vocabulary, reading, and grammar quizzes (4-8)
- 5. Final written exam including various objective and subjective questions

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Writing assignments

Writing 10 - 30%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Conversions, worksheets

Problem solving 5 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Presentations & demos., memorization, role plays

Skill Demonstrations 10 - 20%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, matching items, completion, dictation, quizzes, exams

Exams 20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category 10 - 15%

# Representative Textbooks and Materials:

Instructor prepared materials.