### EMC 105 Course Outline as of Spring 2014

# **CATALOG INFORMATION**

Dept and Nbr: EMC 105 Title: EMS ACADEMY Full Title: Emergency Medical Services Academy Last Reviewed: 2/24/2020

Units		Course Hours per Wee	k ľ	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	8.00	Lecture Scheduled	6.00	17.5	Lecture Scheduled	105.00
Minimum	8.00	Lab Scheduled	6.00	17.5	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	12.00		Contact Total	210.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 210.00

Total Student Learning Hours: 420.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

### **Catalog Description:**

An academy course intended for the student preparing for a career in the Emergency Medical Services field. Successful completion of this course will enable the students to build on their Emergency Medical Technician -1 (EMT) training and become more qualified as an entry-level job candidates. Discipline, teamwork, and personal accountability are strongly emphasized. Academy uniform, gym apparel, and related safety equipment are required.

### **Prerequisites/Corequisites:**

Course Completion or Current Enrollment in EMC 103

### **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

### **Limits on Enrollment:**

Must be 18 years of age. Must have current driver license. Must have current certification in CPR for Health Care Providers.

### **Schedule of Classes Information:**

Description: An academy course intended for the student preparing for a career in the Emergency Medical Services field. Successful completion of this course will enable the students to build on their Emergency Medical Technician -1 (EMT ) training and become more qualified

as an entry-level job candidates. Discipline, teamwork, and personal accountability are strongly emphasized. Academy uniform, gym apparel, and related safety equipment are required. (Grade Only)

Prerequisites/Corequisites: Course Completion or Current Enrollment in EMC 103 Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment: Must be 18 years of age. Must have current driver license. Must have current certification in CPR for Health Care Providers.

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

## **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

## **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Identify professional attributes that will lead to entry-level employment as an Emergency Medical Technician.

2. Demonstrate skills required for job eligibility as an Emergency Medical Technician.

3. Develop a resume and interview strategies that will assist in successful employment as an Emergency Medical Technician.

## **Objectives:**

At the completion of this course, the student will be able to:

1. Discuss components of the California Emergency Medical Services system.

2. Identify basic safety issues as they apply to a pre-hospital environment involving a medical emergency.

3. Identify and safely demonstrate a high-risk response that could involve weapons, explosives, nuclear substances or devices, biologicalhazards, any chemical/hazardous materials and crime scenes.

4. Demonstrate skills necessary to safely maneuver an ambulance and operate all related medical and rescue equipment.

- 5. Practice rigorous physical training activities.
- 6. Identify and discuss the classic signs and symptoms of psychological emergencies.
- 7. Demonstrate safe and appropriate patient takedown maneuvers.
- 8. Demonstrate safe and appropriate patient restraint techniques.
- 9. Demonstrate proper moving and lifting techniques.

- 10. Demonstrate effective health care provider-patient verbal communication skills.
- 11. Identify and practice the basic skills necessary to complete

12. Formulate qualities that lead to successful employment in the emergency medical services profession.

- 13. Prepare for Emergency Medical Technician -- Basic National certification.
- 14. Develop written communication skills necessary to complete a patient report.
- 15. Discuss pre-hospital medical-legal requirements.

16. Identify Emergency Medical Technician's role in assisting with Advanced Life Support procedures.

# **Topics and Scope:**

- 1. Introduction
  - a. History of Emergency Medical Services
  - b. History of ambulance transportation, construction, maintenance
  - c. Medical-legal issues
- 2. Moving and Lifting
  - a. Gurney operation
  - b. Moving and transferring patients
- 3. Emergency Vehicle Operations
  - a. Navigation
  - b. Preparing for ambulance driver's certificate
  - c. Emergency vehicle maneuvering
- 4. Physical Conditioning / Health
  - a. Developing a healthy lifestyle
  - b. Orientation to physical agility course
  - c. Bloodborne and airborne pathogens
- 5. High Risk Responses
  - a. Hazardous material
  - b. Safe handling of
- 1. weapons
- 2. nuclear substance
- 3. explosives
  - c. Crime scene
- 6. Psychiatric Emergencies
  - a. Managing combative patients
  - b. Restraints
  - c. Self-defense
- 7. Legal Issues
  - a. Sexual assault
  - b. Elder abuse
  - c. Pediatric abuse
  - d. Crime scenes
- 8. Communication
  - a. Documentation
  - b. Report writing
  - c. Verbal communication
- 9. Advance Life Support Procedures
  - a. Intravenous line setup
  - b. Blood sample setup
  - c. Airway management setup
  - d. Monitoring equipment

- 10. Professionalism
  - a. Work ethics
  - b. Teamwork
  - c. Communication
- 11. Exploring Career Options
  - a. Resume
  - b. Interview skills
- 12. National Registry Exam
  - a. Review EMT-Basic curriculum
  - b. Review practical skills

# Assignment:

Homework:

- 1. Weekly reading assignments 30 to 60 pages.
- 2. Complete 3 to 5 patient care reports.
- 3. Journal of study notes and lecture notes.
- 4. Develop Resume.

In class:

- 1. Physical conditioning activities.
- 2. Skills demonstration and exams of physical agility and ambulance maneuvering.
- 3. Mid-term and final written exams.
- 4. 5-10 group scenario-based activities.
- 5. Mock interview.

# Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Patient care reports, journal

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Scenario-based case studies

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams including physical agility, patient related skills and ambulance maneuvering.

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion, short essay exam

Writing 5 - 10%

Problem solving 10 - 30%

Skill Demonstrations 25 - 30%

> Exams 25 - 30%

Participation, mock interview

Other Category 10 - 25%

#### **Representative Textbooks and Materials:**

EMT Complete, 2nd edition. Limmer. Prentice Hall: 2013 Taber's Medical Dictionary, 22nd edition. F.A. Davis Company: 2013 Instructor prepared materials.