

CATALOG INFORMATION

Dept and Nbr: PSYCH 5 Title: ABNORMAL PSYCH
Full Title: Abnormal Psychology
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable
Grading: Grade Only
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly:

Catalog Description:
This course examines the biological, psychological, and social science of abnormal psychology. Major areas of examination will include theoretical orientations, important psychotherapeutic methods, current issues in abnormal psychology and selected disorders such as depression, schizophrenia, and psychosomatic disorders.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: This course examines the biological, psychological, and social science of abnormal psychology. Major areas of examination will include theoretical orientations, important psychotherapeutic methods, current issues in abnormal psychology and selected disorders such as depression, schizophrenia, and psychosomatic disorders. (Grade Only)
Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent
 Limits on Enrollment:
 Transfer Credit: CSU;UC.
 Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 1993	
CSU GE:	Transfer Area		Effective:	Inactive:
	D	Social Science	Fall 1994	
	D9	Psychology		
IGETC:	Transfer Area		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 1995	
	4I	Psychology		
CSU Transfer:	Transferable	Effective:	Fall 1993	Inactive:
UC Transfer:	Transferable	Effective:	Fall 1993	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Assess and diagnose a psychological profile with a major psychological disorder.
2. Describe the symptoms of major psychological disorders and suggest the most effective treatment currently used.
3. Apply a basic critical understanding of the Diagnostic Statistical Manual VR, and identify pertinent social and cultural issues.

Objectives:

Upon completion of this course, students will be able to:

1. Discuss criteria used to define abnormal behavior, and various methods used to study abnormal behavior, including the naturalistic, observation method, the correlation method, the experimental method, kinship studies, the epidemiological method, and the case-study methods.
2. Distinguish among the following contemporary perspectives on abnormal behavioral: biological, psychodynamic, learning based, humanistic, cognitive, and sociocultural.
3. Describe approaches used by investigators to demonstrate the reliability and validity of classification and methods of assessment.
4. Summarize the findings of research into the effectiveness of psychotherapy in general and specific therapeutic approaches in

particular.

5. Explain the significance of stress factors in health and illness, and discuss some of the psychological factors that moderate stress.
6. Define and describe generalized anxiety disorder, and be able to identify various treatment approaches.
7. Describe the major features of the dissociative and somatoform disorders and recount various theoretical perspectives for both.
8. Distinguish between normal and abnormally depressed moods, define the term "mood disorder" and discuss the incidence of suicide and theoretical perspectives on its causes.
9. Compare and contrast the three research clusters of personality disorders: paranoid, schizoid, and schizotypal personality disorder.
10. Differentiate between psychological and physiological dependence and describe the physical and psychological effects of depressants, stimulants, and hallucinogens.
11. Describe the diagnostic features of anorexia, and bulimia, obesity, and sleep disorders; and discuss the prevalence and treatment for each.
12. Describe sociocultural factors involved in classifying sexual behaviors as normal or abnormal.
13. Discuss theoretical perspectives and schizophrenia, including the psychodynamic learning, biological, and family theories in the development of schizophrenia.
14. Identify ways of determining what is "normal" and what is "abnormal" in childhood and adolescent development.
15. Discuss developmental types, theoretical perspectives, and interventions for learning disorders.
16. Discuss the basic features of dementia and the relationship between dementia and normal aging.
17. Differentiate among biological, social-cognitive, and socioculture perspectives in explaining human aggression.
18. Outline the legal procedures for psychiatric commitment and the safeguards to prevent abuse of psychiatric commitment.

Topics and Scope:

1. Introduction and Research Methods
2. Contemporary Perspectives on Abnormal Behavior
3. Classification and Assessment of Abnormal Behavior
4. Methods of Treatment
5. Stress, Psychological Factors and Health
6. Anxiety Disorders
7. Dissociative and Somatoform Disorders
8. Mood Disorders and Suicide
9. Personality Disorders
10. Substance Abuse and Dependence
11. Eating Disorders, Obesity, and Sleep Disorders
12. Gender Identity Disorder, Paraphilia, and Sexual Dysfunctions
13. Schizophrenia and Other Psychotic Disorders
14. Abnormal Behavior and Childhood and Adolescence
15. Cognitive Disorders and Disorders Relating to Aging
16. Violence and Abuse

17. Abnormal Psychology and Society

Assignment:

1. Read approximately 25-35 pages per week, and recapitulate assigned material in the textbook, and if applicable, supplements.
2. Write approximately 1500-2500 word essay(s) or term/research paper for the purpose of learning research skills, enhancing course knowledge, and improve critical thinking and writing skills.
3. Take 2-4 exams and one final exam on lectures, reading, concepts, and terminology.
4. Read case studies, apply theoretical principles and make accurate diagnosis.
5. Oral presentations and/or group projects may be assigned.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Essay(s) or term/ research papers

Writing 10 - 25%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case studies

Problem solving 10 - 15%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, true/false

Exams 60 - 80%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentations and/or group projects
--

Other Category 0 - 10%

Representative Textbooks and Materials:

Abnormal Psychology 16th Ed., Butcher, James N., Mineka, Susan M. and Hooley, Jill M. Pearson: 2013

Fundamentals of Abnormal Psychology, 7th Ed., Comer, Ronald, Worth Publishers: 2014

Abnormal Psychology in a Changing World, 7th Ed., Nevid, Jeffrey S., Rathus A. and Greene, Beverly S., Pearson: 2012

