PSYCH 7 Course Outline as of Fall 2014

CATALOG INFORMATION

Dept and Nbr: PSYCH 7   Title: THEORIES OF PERSONALITY
Full Title: Theories of Personality
Last Reviewed: 12/9/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00   Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable
Grading: Grade Only
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly:

Catalog Description:
An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Schedule of Classes Information:
Description: An examination of basic concepts, principles, and development of major theories of personality and their practical applications to social interactions, psychopathology, and treatment. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 1A or equivalent
Limits on Enrollment:
Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
	D	Social and Behavioral Sciences	Fall 2007	
CSU GE:	**Transfer Area**		Effective:	Inactive:
	D	Social Science	Fall 2007	
	D9	Psychology		
	E	Lifelong Learning and Self Development		
IGETC:	**Transfer Area**		Effective:	Inactive:
	4	Social and Behavioral Science	Fall 2007	
	4I	Psychology		

CSU Transfer: Transferable   Effective: Fall 2007   Inactive:

UC Transfer: Transferable   Effective: Fall 2007   Inactive:

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:
At the conclusion of this course, the student should be able to:
1. Identify the major theoretical perspectives that explain the development of human personality.
2. Identify the research foundations for the major personality perspectives.
3. Apply knowledge of the personality theories and perspectives of "self" to people of other cultures.

Objectives:
Upon completion of this course, students will able to:
1. Discuss criteria used to define personality and understand personality theory.
2. Summarize the methods for studying and assessing personality theories.
3. Explain key characteristics of personality theory.
4. Apply the critical thinking process to evaluate personality theories.
5. Describe the following major theories of personality:
  A. Psychodynamic
  B. Behavioral and Social Learning
  C. Cognitive
  D. Humanistic
  E. Biological
  F. Trait
  G. Interpersonal Relations
  H. Alternative Perspective on Personality (e.g., non-Western, spiritual and religious, gender, or historical)
6. Apply personality theories and concepts to social interactions, psychopathology, and

treatment.
7. Compare and contrast the strengths and weaknesses of major theories of personality.
8. Critically appraise the applicability of the major theories of personality in relation to gender, culture and ethnicity.
9. Summarize the current status and describe the future direction of the field of personality theory research.

Topics and Scope:

1. Introduction to Personality and Personality Theory
2. Personality Research Methods
3. Psychodynamic Perspective of Personality
4. Behavioral and Social Learning Perspective of Personality
5. Cognitive and Social-Cognitive Perspective of Personality
6. Humanistic and Existential Perspective of Personality
7. Interpersonal Relations Perspective of Personality
8. Biological Perspective of Personality
9. Trait Perspective of Personality
10. Practical Applications to Social Interactions, Psychopathology, and Treatment
11. Gender, Cultural, and Ethnic Differences in Understanding Personality
12. The Future of Personality Theories: Research and Treatment

Assignment:

1. Read approximately 25-35 pages per week and recapitulated assigned material in the textbook and if applicable, and supplements.
2. 2-4 midterm exams and one final exam on lecture, reading concepts, and terminology.
3. Write approximately 1500-2500 word essay(s) or research paper for the purpose of applying personality theories, enhancing course knowledge, and improving writing and critical thinking skills.
4. Oral presentations and/or group projects may be assigned.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Essay(s) or Research Paper(s)	Writing 25 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Fill-in, Short answer

Exams 50 - 75%

Other: Includes any assessment tools that do not logically fit into the above categories.

Oral presentations or group projects

Other Category 0 - 10%

Representative Textbooks and Materials:
Theories of Personality, 8th edition. Fiest, Jess; Fiest, G.; Roberts, Tomi-Ann.McGraw-Hill: 2013.

Personality: Classic Theories and Modern Research, 5th edition. Friedman, Howard S.; Schustack,
Miriam, W. Pearson: 2010.

The Personality Puzzle, 6th edition. Funder, David, C.W.W. Norton & Company: 2012.

Personality Psychology: Domains Of Knowledge About Human Nature, 4th edition. Larsen, Randy, J.; Buss, David, M. McGraw-Hill: 2010.