#### KTEAM 5.1 Course Outline as of Fall 2013

### **CATALOG INFORMATION**

Dept and Nbr: KTEAM 5.1 Title: SOFTBALL

Full Title: Softball

Last Reviewed: 8/28/2017

Units		Course Hours per Week	ľ	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00 Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: PHYED 90

#### **Catalog Description:**

The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation.

#### **Prerequisites/Corequisites:**

### **Recommended Preparation:**

#### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: The purpose of this course is to provide beginning instruction in the techniques, tactics and strategies associated with competitive softball. Special emphasis is placed on drills and competitive play situation. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1981 Inactive: Fall 2023

UC Transfer: Transferable Effective: Fall 1981 Inactive: Fall 2023

CID:

## Certificate/Major Applicable:

Major Applicable Course

### **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of the course, students will be able to:

- 1. Demonstrate proficiency in basic individual softball skills.
- 2. Participate in organized drills necessary for the development of skills beyond the beginning level.
- 3. Demonstrate an understanding of the rules of softball.
- 4. Participate in competitive games.
- 5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

#### **Topics and Scope:**

- I. Fundamental Skills
  - A. Throwing
  - B. Catching
  - C. Fielding of ground and fly balls
  - D. Pitching
  - E. Hitting
  - F. Baserunning
- II. Team Offensive Play (Strategy)
  - A. Sacrifice bunting
  - B. Drag bunting
  - C. Sacrifice fly
- III. Team Defensive Play (Strategy)
  - A. Situational infield defense
  - B. Infield play with zero, one or two outs
  - C. Bunt defense
  - D. Situational outfield defense
  - E. Outfield defense determined by number of outs
  - F. Defense of sacrifice bunt

- IV. Rules and strategy for slow and fast pitch
  - A. Base coaching strategy
  - B. Scorekeeping
  - C. Basic softball rules
- V. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

## **Assignment:**

- 1. Practice and analyze softball fundamentals
- 2. In-class competitive softball situations
- 3. Performance exams (skill tests) throughout the semester
- 4. Multiple choice and/or true/false quizzes on softball playing rules (1-3)

Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or noncomputational problem solving skills.

None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Game Analysis

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes: Multiple choice, True/false

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Problem solving

0 - 0%

Writing

10 - 30%

Skill Demonstrations 20 - 40%

Exams 10 - 40%

Other Category 20 - 60%

# **Representative Textbooks and Materials:**

Instructor prepared materials