

CATALOG INFORMATION

Dept and Nbr: KCOMB 5.1 Title: BEGINNING FOIL FENCING
Full Title: Beginning Foil Fencing
Last Reviewed: 2/13/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	3	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: PHYED 82.1

Catalog Description:
Fundamentals of French foil fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Fundamentals of French foil fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2011	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Fall 2011	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

1. Perform various flexibility exercises.
2. Demonstrate the basic fencing positions.
3. Perform basic fencing footwork.
4. Demonstrate beginning bladework positions.
5. Analyze basic fencing attacks.
6. Construct beginning fencing defenses.
7. Assist as director of a bout.
8. Repeating students must demonstrate an increased depth and breadth of related skills, with new learning objectives.

Topics and Scope:

- I. Foil Positions
 1. first position
 2. on guard position
 3. parts of the foil
 4. holding the foil
 5. salute
- II. Basic Foil Footwork
 1. advance
 2. retreat
 3. lunge
 4. appel
 5. patinando
 6. ballestra
 7. fencing distances
- III. Basic Bladework Positions
 1. hand positions
 2. target area
 3. invitations
 4. engagements

5. changes of engagements

IV. Basic Fencing Attacks

1. extension in line

2. direct attacks

3. disengage attacks

4. beat attacks

5. deceive your opponent

6. (1-2) attack

7. Double

8. Feints

V. Construct Various Defenses

1. four simple parries

2. riposte

3. circular parries

4. counter ripostes

VI. Director and/or Judge of a Basic Strip Bout

VII. Repeating students must demonstrate an increased depth and breadth of related skills, with new learning objectives.

Assignment:

1. Film analysis

2. Journal writing

3. Physical training and conditioning

4. Development and demonstration of related skills including practice and match performance

5. Establishing goals

6. Written exam

7. Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Journal writing

Writing
5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams

Skill Demonstrations
15 - 35%

Exams: All forms of formal testing, other than skill performance exams.

Written exam

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category
40 - 60%

Representative Textbooks and Materials:

Instructor prepared materials