

**DANCE 10 Course Outline as of Fall 2013****CATALOG INFORMATION**

Dept and Nbr: DANCE 10 Title: INTRO TO DANCE MOVEMENT

Full Title: Introduction to Dance Movement

Last Reviewed: 11/8/2010

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 2.00 | Lecture Scheduled     | 1.00 | 17.5         | Lecture Scheduled  | 17.50 |
| Minimum | 1.00 | Lab Scheduled         | 3.00 | 6            | Lab Scheduled      | 52.50 |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 4.00 |              | Contact Total      | 70.00 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 35.00

Total Student Learning Hours: 105.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 22

**Catalog Description:**

Introductory dance class designed for the student with no prior dance experience. Will include a survey of the basic skills, techniques, and vocabulary of modern, ballet, and jazz.

Recommended prior to the beginning level in all dance forms.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

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Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit:  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                      |                      |            |           |
|----------------------|----------------------|------------|-----------|
| <b>AS Degree:</b>    | <b>Area</b>          | Effective: | Inactive: |
| <b>CSU GE:</b>       | <b>Transfer Area</b> | Effective: | Inactive: |
| <b>IGETC:</b>        | <b>Transfer Area</b> | Effective: | Inactive: |
| <b>CSU Transfer:</b> |                      | Effective: | Inactive: |
| <b>UC Transfer:</b>  |                      | Effective: | Inactive: |

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course students will be able to:

1. Count dance music and dance movement in 4/4 and 3/4 time signatures.
2. Apply concepts of stretch and strength in a dance context.
3. Retain and perform basic movement patterns and combinations in various styles of dance.
4. Define common dance terms.
5. Discuss the stylistic differences between ballet, modern and jazz.
6. Practice accepted dance class etiquette.
7. Assess the efficacy of a dance warm-up in ballet, modern, or jazz dance classes.

Repeating students will:

1. Demonstrate increased depth and breadth in dance skills in the three dance forms
2. Perform new movement sequences (dance combinations)
3. Deepen knowledge and comprehension of dance concepts

### **Topics and Scope:**

1. General techniques and concepts common to all dance forms
  - A. Turn out
  - B. Alignment
  - C. Joint range of motion
  - D. Core strengthening
  - E. Stretching
  - F. Use of feet: pointing and flexing
  - G. Plie
2. Counting music in 4/4 and 3/4 time
3. Basic locomotor movement (walks, prances, skips, etc.)
4. Background and description of ballet, modern, jazz genres
5. How to take a dance class
  - A. Dance class etiquette
  - B. Dance class formats

6. Dance material specific to the three dance forms:
  - A. Warming up the body
  - B. Fundamental dance techniques, skills and steps with corresponding terminology
  - C. Across the floor and center floor movement combinations (includes techniques specific to demands of the choreography presented)
7. Optional: Other dance forms (e.g. hip hop, ballroom)
8. Repeating student topics
  - A. Review and repetition of techniques to build skills
  - B. Specific dance material varies from semester to semester (Topic VI)

**Assignment:**

In class assignments:

1. Learning and practicing of basic dance vocabulary, techniques and skills
2. Application of dance class etiquette
3. Viewing of dance videos
4. In class discussions
5. Performance exams demonstrating knowledge of basic dance movement vocabulary
6. Objective exams: Three unit quizzes (ballet, modern, jazz) and a comprehensive final exam

Homework:

1. Practice of class material and review of movement sequences for performance exams.
2. Reading assignments (3 or more hand-outs of 2-4 pages each)
3. Studying for quizzes
4. Writing assignment: Short paper or essay (approximately 2 to 3 pages in length) on a dance related topic. Examples of type of paper that may be assigned -
  - a. Critique of a recorded or live dance performance applying knowledge of dance concepts covered in class.
  - b. Reflective essay
  - c. Report on a dance topic

Note: Repeating students will be asked to complete assignment 4.a. on a live dance performance presented during the semester in which they are enrolled. Those unable to attend a live performance will be given an alternate assignment.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

|          |                           |
|----------|---------------------------|
| Critique | Writing<br>10 - 10%       |
| None     | Problem solving<br>0 - 0% |

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams

Skill Demonstrations  
30 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes and final exam: multiple choice, true/false, matching, or completion

Exams  
10 - 20%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, dance class etiquette

Other Category  
30 - 40%

**Representative Textbooks and Materials:**

Instructor prepared materials