

**DANCE 35 Course Outline as of Spring 2011****CATALOG INFORMATION**

Dept and Nbr: DANCE 35 Title: IMPROVISATION

Full Title: Improvisation

Last Reviewed: 1/24/2022

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	17	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 60

**Catalog Description:**

Dance Improvisation is a dance class for dancers at all levels of technique that focuses on exploration of the aesthetic dance elements of space, time and energy through guided individual movement experiences and structured duet and group improvisations.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANCE 16.1 ( or PE 28.1 or PE 147.1)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Advisory: PE 28.1 Exploration of the aesthetic dance elements of space, time and energy through guided individual movement experiences and structured duet and group improvisations. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 16.1 ( or PE 28.1 or PE 147.1)

Limits on Enrollment:

Transfer Credit: CSU;UC.  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

The student will:

1. Invent dance movement through guided individual movement explorations.
2. Discover dance movement solutions to group improvisation problems.
3. Develop awareness of other dancers in group dance improvisations and work with others in a group toward common structural goals.
4. Create spontaneous dance movement based on the elements of dance: space, time and energy.
5. Experiment with a variety of approaches, such as the use of imagery, narrative, words, props, and sounds, to inspire new dance movement.

### **Topics and Scope:**

- I. Active dance warm-up
  - A. Continuous individual dance movement exploration based on instructor cues.
  - B. Early warm-up focuses on easy movements and use of all body parts.
  - C. As warm-up progresses suggestions for more strenuous movements are introduced.
- II. Duets
  - A. Mirroring exercises in which two dancers face one another alternating leader and mirroring the leader's movement as accurately as possible.
  - B. Exercises in which one dancer is passive and the other active such as one dancer being a ball of clay that the other dancer shapes.
  - C. Weight dependency exercises in which the two dancers experiment with giving and taking of body weight.
- III. Group Improvisations

- A. Unison group "follow the leader" exercises based on dance vocabulary.
- B. Space-based explorations i.e. Improvisations based on the Following aesthetic elements of dance:
  - 1. Floor patterns
  - 2. Shape
    - a. Symmetrical
    - b. Asymmetrical
    - c. Angular
    - d. Curved
  - 3. Focus
  - 4. Levels
  - 5. Volumes
- C. Time-based explorations i.e. Improvisations based on the Following aesthetic elements of dance:
  - 1. Underlying Pulse
  - 2. Accent
  - 3. Meter
  - 4. Mixed meter
  - 5. Rhythmic patterns
  - 6. Rhythmical accompaniment with dancer produced sounds.
  - 7. Breath phrasing
  - 8. Duration and speed
- D. Energy-based explorations i.e. Improvisations based on the Following aesthetic dance elements.
  - 1. Qualities of movement such as sustained, sudden, bound, free, strong, and light
  - 2. Dynamic contrasts
- E. Miscellaneous improvisational problems for discovering new Dance movement:
  - 1. Improvisation to music
  - 2. Improvisation to non-literal words or other vocal sounds
  - 3. Prop explorations
  - 4. Improvisations based on musical forms
    - a. Canon
    - b. ABA form
    - c. Theme and Variation
  - 5. Narrative-based improvisations
  - 6. Abstracted mimetic Improvisations drawn from sources such as:
    - a. Gestures
    - b. Animals
    - c. Machines
  - 7. Improvisations based on physical contact
  - 8. Improvisations based on expression of feelings
  - 9. Imagined environments to evoke dance movement qualities
  - 10. Other dance movement explorations devised by instructor

### **Assignment:**

Observation paper: Written analysis of movement observed in specified improvisations performed by fellow dancers, focussing on aesthetic elements of dance covered in class.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
10 - 50%

**Exams:** All forms of formal testing, other than skill performance exams.

Observation paper

Exams  
10 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance

Other Category  
40 - 60%

## Representative Textbooks and Materials: