

**PHYED 68.2 Course Outline as of Fall 2011****CATALOG INFORMATION**

Dept and Nbr: PHYED 68.2 Title: SABRE - INTER.

Full Title: Intermediate Sabre

Last Reviewed: 2/10/2003

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	17.5	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 12.2

**Catalog Description:**

Students will learn intermediate skills and techniques of sabre fencing. Students will learn precise movements, rules and judging bouts using competitive electric scoring.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of PHYED 68.1 ( or PE 12.1)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: This class will follow a format that includes daily warm-up, footwork practice, paired off drills on intermediate skills and techniques of sabre fencing and free bouting. The class also includes occasional refereed bouts with the students acting as referees. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of PHYED 68.1 ( or PE 12.1)

Limits on Enrollment:

Transfer Credit:

Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
---------------	----------------------	------------	-----------

<b>CSU Transfer:</b>	Effective:	Inactive:
----------------------	------------	-----------

<b>UC Transfer:</b>	Effective:	Inactive:
---------------------	------------	-----------

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

**Topics and Scope:**

- I. Footwork
  - A. Redoublement
  - B. Renewed attacks (reprise d'attaque)
    1. Forward
    2. Backward
  - C. Coordinated step
    1. With three tempo attack
    2. With four tempo attack
  - D. Jump back
    1. Followed by lunge
  - E. Gaining on the lunge
  - F. Distance deception
    1. Change of rhythm
    2. Acceleration
- II. Strategy and Tactics
  - A. Approaching competition
    1. Pacing
    2. Taking a touch on purpose
  - B. Second intention
    1. With parry riposte
    2. With renewed attacks
    3. Counter time
  - C. Lefties
    1. Special attacks
    2. Special strategy

### III. Drills

#### A. Individual lessons

1. Giving
2. Taking
3. Mutual criticism for rapid improvement

### IV. Attacks - Intermediate

- A. Inside cheek
- B. Outside cheek
- C. Chest cut
- D. Countercut under wrist
- E. Double feint
- F. Feint by cut - hit with point
- G. Feint by point - hit with cut

### V. Defense

- A. Parries - Intermediate
  1. Sixte
  2. Combinations
  3. Composed ripostes
  4. Coding

### VI. Counterattacks - Intermediate

- A. Remise
- B. Feint in time
- C. Beat in time

### VII. Tournaments

- A. Format, bouts
- B. Refereeing

### Assignment:

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Other

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance

Other Category  
30 - 60%

**Representative Textbooks and Materials:**