### **PSYT 71 Course Outline as of Spring 2011**

# **CATALOG INFORMATION**

Dept and Nbr: PSYT 71 Title: FUND OF NURSING Full Title: Fundamentals of Nursing Last Reviewed: 2/12/2001

Units		<b>Course Hours per Week</b>		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	9.00	Lecture Scheduled	9.00	17.5	Lecture Scheduled	157.50
Minimum	9.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	9.00		Contact Total	157.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 315.00

Total Student Learning Hours: 472.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

#### **Catalog Description:**

Course presents theoretical basis for care of adult patients with common medical/surgical conditions. Emphasis is on planning patient care for implementation in sub-acute and long term care settings. Pharmacology and application of anatomical, physiological and psychosocial concepts are integrated throughout the course.

#### **Prerequisites/Corequisites:**

Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; eligibility for ENGL 100 or ESL 100. Completion of Anat 51 or HLC 50, with a grade of "C" or better.

#### **Recommended Preparation:**

HLC 60; previous Work Experience (WEOC 99) at a state hospital, psychiatric, or long term care setting.

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

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anatomical, physio & psychosocial concepts are integrated throughout the course. (Grade Only) Prerequisites/Corequisites: Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; eligibility for ENGL 100 or ESL 100. Completion of Anat 51 or HLC 50, with a grade of "C" or better. Recommended: HLC 60; previous Work Experience (WEOC 99) at a state hospital, psychiatric, or long term care setting. Limits on Enrollment: Transfer Credit: Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

#### **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

#### **Outcomes and Objectives:**

The students will:

- 1. Describe the role and functions of the Psychiatric Technician and other members of the health care team.
- 2. Apply theoretical concepts of human anatomy and physiology to planning and implementing patient care with a focus on common medical-surgical conditions.
- 3. State the major, significant signs that distinguish a physically healthy person from a physically ill person.
- 4. Describe spiritual and nutritional needs of patients.
- 5. Describe principles relevant to patient documentation.
- 6. Describe frequently ordered diagnostic tests including physical and emotional preparation of the patient.
- 7. Develop a written treatment plan.
- 8. Describe treatment modalities and basic nuring skills commonly prescribed for medical-surgical patients.
- 9. Describe specific musculoskeletal procedures that promote function and prevent injuries in the patient with physical limitations.
- 10. Recognize abnormal laboratory values for commonly ordered tests.
- 11. Describe the therapeutic and adverse effects of the drugs commonly used in medical-surgical conditions.

- 12. Describe special needs of the gerontological patients.
- 13. State the legal rights of patients.
- 14. Recognize stressors affecting his/her personal and professional life.
- 15. Recognize the importance of further professional and self growth.

# **Topics and Scope:**

- 1. Ethical and legal issues.
- 2. Functions of health care team.
- 3. Patient safety.
- 4. Communication/documentation.
- 5. Basic patient assessment and care planning.
- 6. Basic nursing skills.
- 7. Hygiene needs.
- 8. Elimination.
- 9. Disorders of major body systems.
- 10. Gerontological considerations.
- 11. Pharmacology.
  - A. Drug classifications.
    - B. Mathematical computations (dosage and administration).
- 12. Care of surgical patient.
- 13. Spiritual/cultural considerations.

# Assignment:

- 1. Reading assignments in preparation for each lecture from required texts and library.
- 2. Required viewing of films and audio-visual media related specific content.
- 3. Clinical simulation and small work group assignments in classroom each week.

# Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

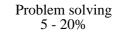
Written homework, Reading reports

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Quizzes, Exams

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Writing 10 - 20%



Class performances		Skill Demonstrations 5 - 15%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.		
Multiple choice, True/false, Matching items, Completion		Exams 50 - 80%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.		
None		Other Category 0 - 0%

**Representative Textbooks and Materials:** Rosdahl, TEXTBOOK OF BASIC NURSING, 7th edition, 1999, with accompanying student workbook. Publisher: Lippincott Davis's Drug Guide for Nurses, 7th edition, 1999, Deglin, Vallerand. Publisher: F.A. Davis