## PHYED 76.2 Course Outline as of Fall 2010

## **CATALOG INFORMATION**

Dept and Nbr: PHYED 76.2 Title: ARCHERY - INTERMEDIATE Full Title: Intermediate Archery Last Reviewed: 2/13/2006

Units		Course Hours per Week	I	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	6	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	22 - 4 Times in any Comb of Levels
Also Listed As:	
Formerly:	PE 33.2

#### **Catalog Description:**

This course is aimed at students who wish to pursue the art and skills of archery beyond the beginning level.

## **Prerequisites/Corequisites:**

**Recommended Preparation:** Course Completion of PHYED 76.1 ( or PE 33.1 or PE 155.1)

## **Limits on Enrollment:**

## **Schedule of Classes Information:**

Description: This course is aimed at students who wish to pursue the art and skills of archery beyond the beginning level. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Course Completion of PHYED 76.1 ( or PE 33.1 or PE 155.1) Limits on Enrollment: Transfer Credit: Repeatability: 4 Times in any Comb of Levels

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

## CID:

Certificate/Major Applicable:

Major Applicable Course

## **COURSE CONTENT**

## **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

- 1. Explain and utilize safety measures in archery
- 2. Maintain and repair archery equipment
- 3. Demonstrate proper archery form and technique
- 4. Perform effectively in competition
- 5. Shoot accurately at various distances
- 6. Demonstrate aiming devices

## **Topics and Scope:**

- I. Use and maintenance of archery equipment A. Arrow
  - A. Allow B. Row (including restrin
- B. Bow (including restringing) II. Review of safety measures
- III. Aiming Devices
- IV. Shooting strategies for various distances
- V. Shooting Sequence 9 steps to the "Ten-Ring" (center of the target)
- VI. Competition
  - A. Olympic distances
  - B. Olympic scoring

## Assignment:

Representative Assignments:

In class -

- 1. Perform bow and arrow maintenance and repair procedures
- 2. Practice and perform shooting techniques
- 3. Competitions
- 4. Written test on archery principles and competition rules

Outside class for approximately one hour per week -

1. Read class hand-outs

- 2. Practice proper form and shooting sequence in front of a mirror
- 3. Visualize the 9 steps to the "Ten Ring" then practice the 9 steps until they become routine

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Competitions

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Completion

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

**Representative Textbooks and Materials:** 

Instructor prepared materials

Writing 0 - 0%	

Problem solving
0 - 0%

Skill Demonstrations
20 - 40%

Exams		
20	- 40%	

Other Category 40 - 60%