

**CHW 151L Course Outline as of Fall 2012****CATALOG INFORMATION**

Dept and Nbr: CHW 151L Title: OUTREACH EXPERIENCE

Full Title: Outreach Experience

Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	0.50	17.5	Lecture Scheduled	8.75
Minimum	3.00	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	7.50		Contact DHR	131.25
		Contact Total	8.00		Contact Total	140.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 17.50

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 51L

**Catalog Description:**

Community Health Worker (CHW) students meet eight times during the semester for an hour-long seminar with their instructor, and spend at least 7.5 hours a week (total 120 hours) in supervised outreach activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach Techniques and Strategies, CHW 151.

**Prerequisites/Corequisites:**

Concurrent Enrollment in CHW 151

**Recommended Preparation:**

Eligibility for ENGL 1A or equivalent

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Community Health Worker (CHW) students meet eight times during the semester for an hour-long seminar with their instructor, and spend at least 7.5 hours a week (total 120 hours) in supervised outreach activities in a Sonoma County health-related agency, organization, health center or program and the community it serves, practicing skills learned in Outreach

Techniques and Strategies, CHW 151. (Grade Only)

Prerequisites/Corequisites: Concurrent Enrollment in CHW 151

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

### **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

### **COURSE CONTENT**

#### **Outcomes and Objectives:**

Upon completion of the course, students will be able to:

1. Demonstrate appropriate standards of CHW practice.
2. Conduct effective interviews with community members.
3. Make referrals to appropriate health-related resource.
4. Practice cultural self-awareness and humility in all aspects of community health outreach experience.
5. Describe traditional health beliefs and practices, and their relationship to effective community outreach work.
6. Analyze and discuss CHW encounters, focusing on standards of practice and analysis of skills and problem solving related to outreach experience.

#### **Topics and Scope:**

1. CHW standards and scope of practice
  - a. Ethical and effective CHW roles
  - b. Core competencies and qualities
  - c. Application to community health outreach
2. Cultural Humility in the Outreach Setting
  - a. Importance of cultural humility
  - b. Defining and understanding culture
    - i. Traditional health beliefs and practices
    - ii. Cultural relativity
3. Effective communication
  - a. Cooperation and collaboration with supervisors
  - b. Client-centered communication and information gathering

- c. Motivational interviewing
- 4. Community Referrals and Resources
  - a. Community strengths, challenges and issues
  - b. Available and appropriate resources

**Assignment:**

1. Identify, analyze and discuss roles, responsibilities, qualities and qualifications in CHW scope of practice.
2. Discuss concurrent readings and assignments from CHW 151 textbook, as they relate to practical outreach experience.
3. Complete and document 120 hours of outreach experience, via written work, and forms and guides distributed by instructor.
4. Compare and contrast individual health beliefs and practices with traditions in the community.
5. Submit written reflections, (8-12) on communications with supervisors, client interviews and intake experiences.
6. Practice, via role play scenarios and case studies, effective outreach techniques.
7. Complete 5 to 8 seminar assignments related to community outreach experience.
8. Meet with instructor and community supervisor (1-3 times) during semester to review accomplishments and identify areas for improvement.
9. Write a 2-3 page final paper about the community health outreach experience.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Journal, final paper, homework assignments	Writing 10 - 15%
<b>Problem Solving:</b> Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.	
Case studies	Problem solving 5 - 10%
<b>Skill Demonstrations:</b> All skill-based and physical demonstrations used for assessment purposes including skill performance exams.	
Role playing; outreach experience hours	Skill Demonstrations 40 - 60%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
None	Exams 0 - 0%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	
Instructor and supervisor evaluation	Other Category 15 - 45%

**Representative Textbooks and Materials:**

Instructor-prepared materials

Foundations for Community Health Workers, Berthold, Miller, Avila-Esparza, Wiley & Sons,  
1st Ed., 2009