### NRV 60AL Course Outline as of Spring 2010

## **CATALOG INFORMATION**

Dept and Nbr: NRV 60AL Title: FUNDAMENTALS OF CLINICAL Full Title: Fundamentals of Clinical for Part Time Vocational Nursing Last Reviewed: 3/4/2002

Units		Course Hours per Week	I	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	2.00	Lab Scheduled	6.00	17	Lab Scheduled	105.00
		Contact DHR	0		Contact DHR	0
		Contact Total	6.00		Contact Total	105.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 105.00

Title 5 Category:	AA Degree Applicable
Grading:	P/NP Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

### **Catalog Description:**

This is the first clinical course in the Part Time Vocational Nursing Program. Fundamental principles learned in co-requisite theory and skills courses are applied in the care of patients in acute & subacute settings with total patient care of 1-2 assigned patients per clinical day. Mental and spiritual health concepts and socio-cultural aspects are explored on individually assigned patients.

#### **Prerequisites/Corequisites:**

Concurrent Enrollment in NRV 60A and Concurrent Enrollment in NRV 58A

#### **Recommended Preparation:**

### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: First clinical course of the Part Time Vocational Nursing Program. Skills are applied to a variety of acute, subacute and rehab weekly rotations Fundamental skills and basic nursing assessments are applied and practiced in the clinical setting utilizing Orems Theory as a framework. (P/NP Only)

Prerequisites/Corequisites: Concurrent Enrollment in NRV 60A and Concurrent Enrollment in NRV 58A Recommended: Limits on Enrollment: Transfer Credit: Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	: Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

### CID:

**Certificate/Major Applicable:** 

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Under the following clinical learning conditions,

- a. Students are closely supervised.
- b. Substantial support is provided by instructor and resource nurses.
- c. Principles, which have been learned in the corequisite theory and skills courses are applied.

Students will:

1. Apply theoretical knowledge base, including physiological, pathophysiological, spiritual and social concepts, in providing care.

- 2. Analyze patient care situations & apply nursing process appropriately
  - a. Assess/gather data related to assigned patients' physical, mental, and health deviations.
  - b. Identify changes in physical and mental condition and report to the appropriate resource nurse in a timely manner.
  - c. Collaborate with resource nurses in establishing nursing diagnoses
  - d. Establish health care goals for assigned patients.
  - e. Plan and implement nursing care in a timely, organized manner.
  - f. Administer non-injectable medications safely.
  - g. Evaluate the effectiveness of nursing care & revise plan as needed
- 3. Provide a safe, effective care environment.
- 4. Provide culturally sensitive care.
- 5. Promote the physiological, psychological & spiritual health of patients
- 6. Communicate effectively in the following situations:
- a. Interactions with instructor and health care team.
- b. Interactions with patients and families.
- c. Documentation of medical records within legal standards.

7. Practice within the VN Scope of Practice of professional/ethical standards.

- 8. Document observations, interventions, and their outcomes.
- 9. Perform fundamental components of the role of the vocational nurse as a collaborating member of a multidisciplinary health care team.

## **Topics and Scope:**

- 1. Orientation to clinical settings.
- a. Physical environment.
- b. Fire, safety, disaster protocols, emergency codes, equipment.
- c. Policies and Procedures:
  - 1. Computer and Pixis medication systems.
  - 2. Charting forms regarding documentation of meds and nursing care.
  - 3. Quality Assurance forms.
  - 4. Advance Directives.
  - 5. Consultation and referrals.
  - 6. Continutiy of care.
- 2. Assignment Procedures:
- a. Getting/Changing/What to look for.
- b. Pre-clinical Prep Work
- 3. Use of Data Sources in preparation for nursing care:
  - a. Kardex/Nursing Rand cards
  - b. Medical records.
  - c. SRJC Clinical Prep Forms
- d. Textbook references
- 4. Preparation/Use of Worksheet for organizing care.
- 5. Error prevention.
- 6. Maintaining Patient Confidentiality.
- 7. Promoting Patient Rights.
- 8. Applying standard and special infection control procedures.
- 9. Tailoring physical assessment to patient assignment.
- a. Past medical history
- b. Current medical problems
- c. Co-morbidities
- d. History of present illness
- e. Hospital course according to expected clinical pathway
- f. Potential Complications (begin basic recognition)
- 10. Recognizing & supporting patients' coping strategies.
- 11. Behavior Management
  - a. Use of restraints (policies & procedures)
  - b. Observation room policies
- 12. Setting Priorities (fundamentals)
  - a. one patient assignment
- b. two patient assignment
- 13. Setting health care goals
- a. Usual clinical pathway
- b. Individualized
- 14. Implementation of Plan of care
- 15. Evaluating Effectiveness and Outcomes of Nursing Care
- 16. Fundamental components of the role of vocational nurse on health team

#### Assignment:

Assignments Include:

- 1. Assignment of 1-2 patients per clinical day.
- 2. Preparation of an adequate data base on each assigned patient.
- 3. Problem solving will be verbalized to instructor.
- 4. Oral report of prioritization of nursing care to instructor/resource.
- 5. Safe implementation of basic nursing care and skills learned in NRV58A
- 6. Personal log of nursing skills maintained by student.
- 7. Participation in post clinical conferences with presentation of any

significant findings to instructor and peers.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work, Lab reports, Clinical prep sheets/post clinical assignments

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Field work, Performance exams, Pass/Fail to meet clinical objectives

**Exams:** All forms of formal testing, other than skill performance exams.

None

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

# **Representative Textbooks and Materials:**

Foundations of Nursing: Caring for the Whole Person, by L. White, Delmar Thomson Learning (2000).

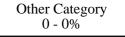
Student Handbook to accompany text on Foundations.

Writing 0 - 0%	

Problem solving 10 - 50%

Skill Demonstrations 50 - 90%

> Exams 0 - 0%



Clinical Nursing Skills (Basic to Advanced), 5th ed, by Smith, Duell, and Martin. Prentice Hall, New Jersey (2000).

Pharmacology: A Nursing Approach, 3rd ed. by Saunders. Philadelphia (2000) Nursing Drug Guide 2001. by B.A. Wilson, M. Shannon & C. Stang. Prentice Hall, New Jersey (2001).

NRV60A/AL Syllabus and Student Handbook for Vocational Nursing. Manual of Diagnostics & Laboratory Tests, by K.Pagana & Pagana. Mosby, St. Louis (1998).

Lippincott's Pocket Manual of Nursing Practice by S. Nettina. Lippincott, Philadelphia (1997).