

ATHL 30 Course Outline as of Summer 2010**CATALOG INFORMATION**

Dept and Nbr: ATHL 30 Title: THEORY ANALYSIS SOCCER

Full Title: Theory and Analysis of Soccer

Last Reviewed: 2/6/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	1.00	Lab Scheduled	1.00	3	Lab Scheduled	17.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00

Total Student Learning Hours: 122.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

Catalog Description:

Explanation, organization, and development of various systems of play in soccer. Analyzing coaching problems in offense along with a review of technique films. Discussion and practical application of various approaches to technical and tactical training for modern soccer.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Explanation, organization, and development of various systems of play in soccer. Analyzing coaching problems in offense along with a review of technique films. Discussion and practical application of various approaches to technical and tactical training for modern soccer. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of this course, students will be able to:

1. Identify and explain basic offensive and defensive strategies.
2. Analyze offensive strategies and personnel through the use of film, scouting reports, and established offensive criteria.
3. Formulate a variety of defensive strategies based on specific offenses.
4. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Topics and Scope:

- I. Basic offensive strategies
 - A. Zone Defense
 - B. Man Defense
- II. Film and scouting report analysis
 - A. Personnel and team performance assessment
 - B. Opponent personnel and performance assessment
- III. Basic defensive strategies
 - A. Ball Control
 - B. Pressure offense
- V. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

Assignment:

Representative Assignments:

1. Creating and analyzing scouting reports
2. Developing a playbook
3. Diagramming specific offensive and defensive strategies

4. Film analysis
5. Note taking
6. Logs and critiques of offensive and defensive schemes
7. Repeating students demonstrate an increased level of performance.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Journal, scouting reports, logs, and critiques

Writing
20 - 40%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Film analysis

Problem solving
5 - 20%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skill performances

Skill Demonstrations
10 - 20%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, true/false, completion

Exams
10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category
10 - 25%

Representative Textbooks and Materials:

Instructor prepared materials