

**FASH 110 Course Outline as of Fall 2010****CATALOG INFORMATION**

Dept and Nbr: FASH 110      Title: BRA CONSTRUCTION  
 Full Title: Bra Construction  
 Last Reviewed: 4/26/2010

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0.50	Lecture Scheduled	0.25	17.5	Lecture Scheduled	4.38
Minimum	0.50	Lab Scheduled	0.75	6	Lab Scheduled	13.13
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 8.75

Total Student Learning Hours: 26.25

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 39 - Total 2 Times

Also Listed As:

Formerly: FASH300.16

**Catalog Description:**

Students will learn to construct a fully fitted underwire style bra in a variety of styles. Emphasis on proper fit and construction techniques.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of FASH 70B

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Students will learn to construct a fully fitted underwire style bra in a variety of styles. Emphasis on proper fit and construction techniques. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of FASH 70B

Limits on Enrollment:

Transfer Credit:

Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>
<b>UC Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course, students will be able to:

1. Construct a custom fitted underwire bra.
2. Identify and apply foundation lingerie sewing techniques, pattern alterations, and proper bra fit.
3. Describe the unique foundation garment needs of individuals with mastectomies.
4. Locate lingerie sources for garment construction.
5. Calculate the cost of materials.
6. Summarize the history of the modern bra.
7. Based on subsequent repeats, students will be able to apply techniques to:
  - a. increasingly complex applications
  - b. increasingly complex patterns
  - c. fabric manipulation with a variety of fabric textures
  - d. increasingly complex fitting issues and adjustments
  - e. gain confidence and speed

### **Topics and Scope:**

1. Historical and social perspective of foundation garments from Crete to the 1990s
2. Proper bra fit
3. Pattern alterations
4. Foundation-garment sewing techniques, materials, terms, and troubleshooting using analysis of ready-to-wear foundation garments
5. Unique foundation garment needs experienced by individuals with mastectomies or impaired range of motion or dexterity
6. Lingerie sources for continued construction of specialized foundation garments, including commercial site addresses and phone numbers as well as Internet addresses and possible links
7. Material costing
8. Repeating students will perform construction techniques using increasingly complex applications:
  - a. increasingly complex patterns
  - b. fabric manipulation with a variety of fabric textures

c. increasingly complex fitting issues and adjustments

## Assignment:

Representative assignments:

1. Pattern alteration using flat pattern work
2. Homework problems: materials cost calculations; locate and compile into notebook file information on lingerie sources
3. Completion of properly fitted underwire bra
4. One exam
5. Repeating students will complete projects demonstrating increasingly complex applications:
  - a. increasingly complex patterns
  - b. fabric manipulation with a variety of fabric textures
  - c. increasingly complex fitting issues and adjustments

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems

Problem solving  
10 - 20%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Alterations and construction techniques, projects/notebook file

Skill Demonstrations  
40 - 70%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, completion, short answer

Exams  
10 - 20%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
0 - 20%

## Representative Textbooks and Materials:

Instructor-prepared materials.

