

**EQSCI 125 Course Outline as of Spring 2012****CATALOG INFORMATION**

Dept and Nbr: EQSCI 125 Title: BASICS OF DRESSAGE

Full Title: The Basics of Dressage for Horse and Rider

Last Reviewed: 5/2/2011

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0.50	2	Lab Scheduled	8.75
		Contact DHR	0		Contact DHR	0
		Contact Total	1.50		Contact Total	26.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 61.25

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 280.84

**Catalog Description:**

Basic principles of classical dressage training and how it relates to the training of a horse.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Basic principles of classical dressage training and how it relates to the training of a horse. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>
<b>UC Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>

### **CID:**

#### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course, students will be able to:

1. Discuss the different levels of dressage and how it corresponds with a horse's level of training.
2. Demonstrate the purpose of lunging and ground driving and the benefits derived from these techniques.
3. Assess and list correct lunging and ground driving techniques.
4. Demonstrate appropriate fit and adjustment of side reins for lunging upon completion of instructor demonstration.
5. List the importance of a balanced riding position and how it affects the horse's movement.
6. Identify parts of an English saddle and bridle.
7. Demonstrate correct tacking and untacking procedures using English tack and equipment in preparation for a mounted lesson.
8. Recognize possible symptoms of ill fitting tack and equipment.
9. Assess horses' body language and reactions to external stimuli.
10. Recognize difference between various horses' movement and stride and how it affects the riders' bodies.

### **Topics and Scope:**

1. Basic principles of dressage
  - a. Enhancing the horse
  - b. Enhancing the rider's performance
2. Horse's body language
  - a. Anticipating horse reaction
  - b. External stimuli
3. Ring etiquette
4. Safety procedures
5. Horse conformation
  - a. Form
  - b. Function
6. English riding equipment
7. Different horse types

8. Physical coordination of rider while mounted
9. Horse gaits and riders body positioning
10. Tack up a horse for lunging
11. Ground driving and lunging techniques
12. Rules for five levels of dressage

**Assignment:**

Reading of industry handouts of approximately 5 to 10 pages per week  
 Two to five quizzes or exams  
 Performance of basic groundwork dressage skills

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Application of knowledge of basic dressage techniques.

Problem solving  
10 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Measuring skill in basic level dressage groundwork

Skill Demonstrations  
20 - 55%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, exams: multiple choice, true/false, matching items, completion

Exams  
15 - 50%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

Instructor prepared materials