EQSCI 120 Course Outline as of Fall 2011

CATALOG INFORMATION

Dept and Nbr: EQSCI 120   Title: INTRO THER RIDING PRNCPL
Full Title: Introduction to Therapeutic Riding Principles
Last Reviewed: 8/28/2017

Units			Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00		Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00		Lab Scheduled	0	2	Lab Scheduled	0
			Contact DHR	0		Contact DHR	0
			Contact Total	1.00		Contact Total	17.50
			Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00   Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 39 - Total 2 Times
Also Listed As:
Formerly: AG 110

Catalog Description:
An overview of the history, organization, principles and procedures in a therapeutic riding
program for persons with disabilities. Skills and training required for staff, instructors, therapists,
and volunteers will be covered in this course. The student will also learn how to select and care
for a therapy horse.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Schedule of Classes Information:
Description: An overview of the history, organization, principles and procedures in a therapeutic
riding program for persons with disabilities. Skills and training required for staff, instructors,
therapists, and volunteers will be covered in this course. The student will also learn how to select
and care for a therapy horse. (Grade or P/NP)
Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100
Limits on Enrollment:
Transfer Credit:
Repeatability: Total 2 Times

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

			Effective:	Inactive:
AS Degree:	**Area**		Effective:	Inactive:
CSU GE:	**Transfer Area**		Effective:	Inactive:
IGETC:	**Transfer Area**		Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:	
UC Transfer:		Effective:	Inactive:	

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:
Upon completion of this course, students will be able to:
1. List the therapeutic values of horseback riding for persons with disabilities.
2. List the national and regional associations involved in therapeutic riding, the services/programs offered, and how they can be of support to a program.
3. Describe the range of physical and cognitive disabilities most often encountered in the therapeutic riding setting.
4. Identify the roles of various personnel positions and other professionals associated with therapeutic riding, and how they are integrated into the equestrian program.
5. Discuss the role of safety procedures as it relates to the horses, facility, students, staff and volunteers.
6. Observe and critique a therapeutic riding session.

Repeating students:
1. Increase level of security/trust with the horse.
2. Further develop control skills.
3. Increase level of safety.

Topics and Scope:

I. Introduction to Therapeutic Riding
   A. The development of programs of riding for persons with disabilities
   B. Benefits of therapeutic riding; what disabilities are best served
   C. Various riding associations will be discussed as they relate to

therapeutic riding. Some examples include NARHA, CANTRA, CHA, and CALNET

II. Common Conditions/Characteristics seen in persons in Therapeutic Riding
   A. Types of physical disabilities
   B. Types of cognitive disabilities
   C. Relating to the disabled student

III. The Horse and the Riding Session
   A. Factors in horse selection
   B. Safety issues related to:
      1. horse handling and care
      2. emergency procedures
      3. selection, care and fit of tack to horse and rider

IV. The Therapeutic Riding Team
   A. Roles of volunteers as horse handlers, sidewalkers, spotters
   B. Role of the instructor
   C. Role of consultants: physical, occupational, speech, recreational therapist, and school personnel
   D. Components of a riding lesson: warm up, exercises, games, riding skill
   E. Components of a hippotherapy session

V. With course repeat
   A. Increasing level of security/trust with the horse
   B. Further development of control skills
   C. Increasing level of safety

Assignment:

1. Chapters will be assigned from textbook and industry handouts, approximately 30 pages per week
2. Preparation for skill demonstrations
3. Summaries and written homework
4. Performance exam
5. 2-5 quizzes and exam

With course repeat, skills demonstrations related to:
1. Increased level of security/trust with the horse.
2. Further development of control skills.
3. Increased level of safety.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework and summaries	Writing 35 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams	Skill Demonstrations 10 - 25%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes and exams	Exams 40 - 55%

Other: Includes any assessment tools that do not logically fit into the above categories.

None	Other Category 0 - 0%

Representative Textbooks and Materials:
The Horse, The Handicapped and the Therapeutic Riding Team: by Barbara Engle, Margaret Galloway and Mary Bull, 2008
Barbara Engle Therapy Services, Publisher, Durango, CO