

CATALOG INFORMATION

Dept and Nbr: PHYED 93

Title: INDOOR SOCCER

Full Title: Indoor Soccer

Last Reviewed: 2/27/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 47

Catalog Description:

This activity course is designed to teach basic indoor soccer fundamentals and rules of the game.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: This activity course is designed to teach basic indoor soccer fundamentals and rules of the game. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:

<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
----------------------	--------------	------------	-----------	-----------

<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:
---------------------	--------------	------------	-----------	-----------

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of the course the student will:

1. Demonstrate knowledge of rules and skills to compete in indoor soccer.
2. Understand tactical components of team play.
3. Develop conditioning program for participating in indoor soccer.
4. Understand basic positional play.
5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

### **Topics and Scope:**

- I. Introduction to the Game
  - A. Safety of players
  - B. Equipment needs
  - C. Terminology of soccer
- II. The Field of Play
  - A. Position of the players
    1. Offensive
    2. Defensive
  - B. Rules of the game
  - C. Court markings
- III. Basic Individual Skills
  - A. Kicking
  - B. Shooting
  - C. Dribbling
  - D. Trapping
  - E. Passing
- IV. Positional play
  - A. Goalkeepers
  - B. Defenders
  - C. Strikers
- V. Team Tactics
  - A. Systems of play

- B. Dead ball situations
- C. Team scrimmages

### Assignment:

#### Representative Assignments:

1. Competitive situational soccer in-class activities
2. 1-3 performance/skill exams
3. 1-3 multiple choice and/or true/false quizzes

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation and attendance

Other Category  
40 - 60%

### Representative Textbooks and Materials:

Instructor prepared materials