

CATALOG INFORMATION

Dept and Nbr: DANCE 37.3 Title: BALLROOM DANCE III
Full Title: Ballroom Dance III
Last Reviewed: 9/29/2008

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 32.2

Catalog Description:
Presentation of skills, technique and step patterns of greater complexity in foxtrot, waltz, cha cha and swing. Introduction to the basic skills and patterns of rumba, samba, tango, salsa and/or Viennese waltz. May include performance in a dance concert.

Prerequisites/Corequisites:

Recommended Preparation:
DANCE 37.1

Limits on Enrollment:

Schedule of Classes Information:
Description: Presentation of skills, technique and step patterns of greater complexity in foxtrot, waltz, cha cha and swing. Introduction to the basic skills and patterns of rumba, samba, tango, salsa and/or Viennese waltz. May include performance in a dance concert. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: DANCE 37.1
Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 2000	Inactive:	Spring 2012
UC Transfer:	Transferable	Effective:	Fall 2000	Inactive:	Spring 2012

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of the course students will be able to:

1. Perform step patterns of the waltz, foxtrot, swing and cha cha at the intermediate level.
2. Perform step patterns of the rumba, samba, salsa, tango and/or Viennese waltz at a basic level.
3. Perform the above mentioned dances with a partner incorporating ballroom dance skills including proper dance position, alignment, and lead or follow.
4. Perform all dances studied during the course in a social ballroom setting.
5. Describe the step patterns and movement vocabulary presented in this course using proper ballroom dance terminology.
6. Summarize historical and cultural information of the dances studied.
7. Compare and contrast the dances studied.

Topics and Scope:

- I. Waltz, foxtrot, swing and cha cha
 - A. Review of basic step patterns and skills
 1. Dance positions (holds) and posture
 2. Lead and follow
 3. Rhythm and counting
 4. Footwork
 - B. Intermediate movement vocabulary such as:
 1. Pivot turn
 2. Corkscrew turn
 3. Swivel
 4. Chassis
 5. Torso lead and follow
 6. Body ripple
 - C. Rhythm: syncopations
 - D. Swing dance variations

1. West Coast
2. Lindy
3. Flying Lindy
4. Jive
- E. Styling
- II. Floorcraft
 - A. Line of dance travel and room alignment
 - B. Spatial awareness
- III. Rumba, Samba, Tango, Viennese Waltz (instructor will introduce one or more of these dances)
 - A. Historical origins
 - B. Role of music in the development of the dance forms
 - C. Cultural influences
 - D. General characteristics
 - E. Basic step patterns and skills
 1. Dance position and posture
 2. Footwork
 3. Lead/follow
 4. Relationship to patterns in other dances
 - F. Styling such as:
 1. Cuban motion (Rumba)
 2. Rise and fall (Viennese Waltz)
 3. Crouch, drag, contrabody dance position fan (Tango)
 4. Bounce and roll (Samba)
- IV. Musicality
 - A. Time signature and tempo
 - B. Musical styles for particular dances
 - C. Phrasing dances to musical phrases
 - D. Personal interpretation of music
- V. Optional topics (depending on time and instructor's area of expertise the course may touch on these topics)
 - A. Salsa, mambo and other Latin dances
 - B. Disco dances
 - C. Country western dance
 - D. International style ballroom
 - E. Argentine tango
 - F. Pattern analysis: Methods of writing and diagramming ballroom dance

Assignment:

In class representative assignments

1. Class performance of dances demonstrating techniques, patterns, musicality
2. Practice sessions
3. Note-taking as appropriate
4. 2 to 3 performance exams (final exam is one of these performance exams)
5. Written exam

Homework (for full semester approximately one hour per week)

1. Weekly practice of material presented in class.
2. Performance of exercises needed to strengthen or stretch muscle groups involved in specialized movements such as turns, contra body movement, lengthening the stride.
3. Written critique of a ballroom dance performance occurring during the semester (or an

approved video or DVD.)

4. Reading class hand-outs (2-4 pages total)

5. Individually choreographing a sequence of 6 to 8 patterns

Optional Assignments (vary from instructor to instructor)

1. Additional viewing and written analysis of ballroom dance on television, video or DVD

2. Partner dance activities focusing on choreography

3. Partner dance activities focusing on technique and floorcraft

4. Oral presentation about a ballroom dance form

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique, Optional Assignment #1

Writing
5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams, Optional Assignments #2 & 3

Skill Demonstrations
30 - 50%

Exams: All forms of formal testing, other than skill performance exams.

May include any of the following: Multiple choice, True/false, Matching, Completion, Essay

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, Optional assignment #4

Other Category
20 - 40%

Representative Textbooks and Materials:

Instructor prepared materials