

CATALOG INFORMATION

Dept and Nbr: DANCE 10 Title: INTRO TO DANCE MOVEMENT
Full Title: Introduction to Dance Movement
Last Reviewed: 11/8/2010

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	3.00	6	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 105.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 34 - 4 Enrollments Total
Also Listed As:
Formerly: PE 22

Catalog Description:
Introductory dance class designed for the student with no prior dance experience. Will include a survey of the basic skills, techniques, and vocabulary of modern, ballet, and jazz.
Recommended prior to the beginning level in all dance forms.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Introductory dance class designed for the student with no prior dance experience. Will include a survey of the basic skills, techniques, and vocabulary of modern, ballet, and jazz. Recommended prior to the beginning level in all dance forms. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:

Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1984	Inactive:	Fall 2013
UC Transfer:	Transferable	Effective:	Fall 1984	Inactive:	Fall 2013

CID:

Certificate/Major Applicable:
Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of the course students will be able to:

1. Count dance music and dance movement in 4/4 and 3/4 time signatures.
2. Apply concepts of stretch and strength in a dance context.
3. Retain and perform basic movement patterns and combinations in various styles of dance.
4. Define common dance terms.
5. Discuss the stylistic differences between ballet, modern and jazz.
6. Practice accepted dance class etiquette.
7. Assess the efficacy of a dance warm-up in ballet, modern, or jazz dance classes.

Repeating students will:

1. Demonstrate increased depth and breadth in dance skills in the three dance forms
2. Perform new movement sequences (dance combinations)
3. Deepen knowledge and comprehension of dance concepts

Topics and Scope:

1. General techniques and concepts common to all dance forms
 - A. Turn out
 - B. Alignment
 - C. Joint range of motion
 - D. Core strengthening
 - E. Stretching
 - F. Use of feet: pointing and flexing
 - G. Plie
2. Counting music in 4/4 and 3/4 time
3. Basic locomotor movement (walks, prances, skips, etc.)
4. Background and description of ballet, modern, jazz genres
5. How to take a dance class
 - A. Dance class etiquette
 - B. Dance class formats

6. Dance material specific to the three dance forms:
 - A. Warming up the body
 - B. Fundamental dance techniques, skills and steps with corresponding terminology
 - C. Across the floor and center floor movement combinations (includes techniques specific to demands of the choreography presented)
7. Optional: Other dance forms (e.g. hip hop, ballroom)
8. Repeating student topics
 - A. Review and repetition of techniques to build skills
 - B. Specific dance material varies from semester to semester (Topic VI)

Assignment:

In class assignments:

1. Learning and practicing of basic dance vocabulary, techniques and skills
2. Application of dance class etiquette
3. Viewing of dance videos
4. In class discussions
5. Performance exams demonstrating knowledge of basic dance movement vocabulary
6. Objective exams: Three unit quizzes (ballet, modern, jazz) and a comprehensive final exam

Homework:

1. Practice of class material and review of movement sequences for performance exams.
2. Reading assignments (3 or more hand-outs of 2-4 pages each)
3. Studying for quizzes
4. Writing assignment: Short paper or essay (approximately 2 to 3 pages in length) on a dance related topic. Examples of type of paper that may be assigned -
 - a. Critique of a recorded or live dance performance applying knowledge of dance concepts covered in class.
 - b. Reflective essay
 - c. Report on a dance topic

Note: Repeating students will be asked to complete assignment 4.a. on a live dance performance presented during the semester in which they are enrolled. Those unable to attend a live performance will be given an alternate assignment.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique	Writing 10 - 10%
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Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams

Skill Demonstrations
30 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Quizzes and final exam: multiple choice, true/false, matching, or completion

Exams
10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation, dance class etiquette

Other Category
30 - 40%

Representative Textbooks and Materials:

Instructor prepared materials