EQSCI 125 Course Outline as of Fall 2005

CATALOG INFORMATION

Dept and Nbr: EQSCI 125   Title: BASICS OF DRESSAGE
Full Title: The Basics of Dressage for Horse and Rider
Last Reviewed: 5/2/2011

Units			Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00		Lecture Scheduled	1.50	10	Lecture Scheduled	15.00
Minimum	1.00		Lab Scheduled	1.50	1	Lab Scheduled	15.00
			Contact DHR	0		Contact DHR	0
			Contact Total	3.00		Contact Total	30.00
			Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 30.00   Total Student Learning Hours: 60.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: AG 280.84

Catalog Description:
Understanding the basic principles of classical dressage training and how it relates to the training of a horse. A beginning level hands-on approach to horse handling and English riding to include some time in the saddle.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Schedule of Classes Information:
Description: Understanding the basic principles of classical dressage training and how it relates to the training of a horse. A beginning level hands-on approach to horse handling and English riding to include some time in the saddle. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100
Limits on Enrollment:

Transfer Credit:
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**		Effective:	Inactive:
CSU GE:	**Transfer Area**		Effective:	Inactive:
IGETC:	**Transfer Area**		Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:	
UC Transfer:		Effective:	Inactive:	

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:
The student will:
1. Identify the basic principles of dressage and how it relates to training of horses for other disciplines.
2. Discuss the different levels of dressage and how it corresponds with a horse's level of training.
3. Demonstrate the purpose of lunging and ground diving and the benefits derived from these techniques.
4. Assess and list correct lunging and ground driving techniques.
5. Demonstrate appropriate fit and adjustment of side reins for lunging upon completion of instructor demonstration.
6. List the importance of a balanced riding position and how it affects the horse's movement.
7. Identify parts of an English saddle and bridle.
8. Demonstrate correct tacking and untacking procedures using English tack and equipment in preparation for a mounted lesson.
9. Recognize possible symptoms of ill fitting tack and equipment.
10. Assess horses' body language and reactions to external stimuli.
11. Demonstrate mounted safety rules while riding in an arena with other riders.
12. Practice rider calisthenics while mounted.
13. Recognize difference between various horses' movement and stride and how it affects the riders' bodies.

Topics and Scope:

1. Develop a basic understanding of the principles of dressage and how the basics can enhance the horse and riders performance in any discipline.
2. Become aware of horses body language and how to anticipate horse

reaction to external stimuli.
3. Ring etiquette and safety procedures.
4. Identify form and function of a horse through its conformation
5. English riding equipment and different horse types.
6. Physical coordination of rider while mounted.
7. Horse gaits and riders body positioning.
8. Tack up a horse for lunging.
9. Ground driving and lunging techniques.
10. Rules for five levels of dressage.

Assignment:

Students will read industry handouts.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.	Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Measuring skill in basic level dressage	Problem solving 10 - 30%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams	Skill Demonstrations 20 - 55%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion	Exams 15 - 50%

Other: Includes any assessment tools that do not logically fit into the above categories.

None	Other Category 0 - 0%

Representative Textbooks and Materials:
Industry handouts will be used in lieu of a textbook.