

CATALOG INFORMATION

Dept and Nbr: COMM 66      Title: INTER COMMUNIC  
Full Title: Interpersonal Communication  
Last Reviewed: 11/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly: SPCH 66

**Catalog Description:**  
Explores through theory & practice the ways people communicate one-on-one & in informal situations. Studies development of self-concept, self-disclosure, listening, language & conflict through verbal & nonverbal communication. Builds communication skills through experiential activities.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Completion of ENGL 100 or ESL 100.

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Explores through theory & practice the ways people communicate one-on-one & in informal situations. Study of development of self-concept, self-disclosure, listening, language & conflict with regard to verbal & non-verbal communication. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Completion of ENGL 100 or ESL 100.

Limits on Enrollment:

Transfer Credit: CSU;UC. (CAN SPCH8)

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
	B	Communication and Analytical Thinking	Fall 1981

<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
	E	Lifelong Learning and Self Development	Fall 1993

<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 2009	<b>Inactive:</b>
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### **CID:**

CID Descriptor: COMM 130	Interpersonal Communication
SRJC Equivalent Course(s):	COMM6

### **Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

The students will:

1. Demonstrate understanding of a variety of interpersonal communication concepts and principles.
2. Identify and demonstrate appropriate uses of verbal and non-verbal communication.
3. Promote an awareness and appreciation of the complexities of the communication process.
4. Build a systematic method of listening behavior to improve listening ability.
5. Practice using interpersonal theories of communication by participating in dyadic group activities.
6. Identify the difference between assertive and aggressive behavior.
7. Strengthen an understanding and appreciation of cultures and sub-cultural differences in society through experiential exercises and field work.
8. Increase self esteem by means of interactive participation with other students.
9. Expand a sense of self-awareness by means of journal writing and self exploratory assignments.
10. Identify and practice constructive conflict management skills.

### **Topics and Scope:**

1. Explore the communication process.
  - A. Communication model.
  - B. Barriers to understanding communication.
  - C. Basic terms.
  - D. Define communication.
2. Listening.
  - A. Importance of listening.
  - B. Barriers to listening.
  - C. Effective listening behavior skills.
3. Self image and self esteem.
  - A. Introspective assignments.
  - B. Hierarchy of values.
  - C. Effects of low self esteem.
  - D. Skills to build self esteem.
4. Perception.
  - A. Variables that affect perception.
  - B. Study differences in perception.
5. Verbal communication/semantics.
  - A. Abstraction of words and symbols.
  - B. Semantic reactions.
  - C. Polarization.
  - D. Gender patterns and differences.
6. Non-verbal communication.
  - A. Kinesics.
  - B. Proxemics.
  - C. Dress.
  - D. Culture.
7. Relational communication.
  - A. Personality types.
  - B. Roles.
  - C. Intimacy.
  - D. Self disclosure.
  - E. Relationship stages.
8. Conflict resolution/negotiation skills.
  - A. Types of conflict.
  - B. Productive conflict management.
  - C. Destructive conflict management.
  - D. Win/win - win/lose negotiation.
  - E. Defensive communication.

**Assignment:**

1. Written.
  - A. Weekly free writing assignment.
  - B. Weekly topic related journal assignment.
  - C. 4-5 page typed term paper on interpersonal event or activity.
  - D. 7-10 page typed term paper synthesizing and applying important interpersonal concept.
2. Homework.
  - A. Reading assignments.
  - B. Written assignments.
  - C. Observational assignments.

3. In-class.
  - A. Discussions.
  - B. Experiential activities.
  - C. Group processes.
4. Oral presentations.
  - A. Individual.
  - B. Group.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Term papers

Writing  
50 - 70%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Field work

Skill Demonstrations  
10 - 25%

**Exams:** All forms of formal testing, other than skill performance exams.

MIDTERMS AND/OR FINAL.

Exams  
5 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE AND CLASS PARTICIPATION.

Other Category  
10 - 25%

### Representative Textbooks and Materials:

Communicate: A Workbook for Interpersonal Communication, 4th ed., CRA Staff, c. 1994

Communicating With Myself: A Journal, 2nd ed., Jacqueline B. Carr, c. 1991

Looking Out, Looking In, 7th ed., Lucas, c. 1999