

SPCH 66 Course Outline as of Fall 1981**CATALOG INFORMATION**

Dept and Nbr: SPCH 66 Title: INTER COMMUNIC

Full Title: Interpersonal Communication

Last Reviewed: 11/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:

Introduction to various theories of interpersonal communication; participation in experiences designed to enhance competence in interpersonal relationships.

Prerequisites/Corequisites:**Recommended Preparation:**

Completion of English 100A or equivalent.

Limits on Enrollment:**Schedule of Classes Information:**

Description: Explores through theory & practice the ways people communicate one-to-one & in informal situations. Study of development of self-concept, self-disclosure, listening, language & conflict with regard to verbal & non-verbal communication. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Completion of English 100A or equivalent.

Limits on Enrollment:

Transfer Credit: CSU;UC. (CAN SPCH8)

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area		Effective:	Inactive:
	B	Communication and Analytical Thinking	Fall 1981	

CSU GE:	Transfer Area		Effective:	Inactive:
	E	Lifelong Learning and Self Development	Fall 1993	

IGETC:	Transfer Area		Effective:	Inactive:
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CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 2009	Inactive:
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CID:
CID Descriptor: COMM 130 Interpersonal Communication
SRJC Equivalent Course(s): COMM6

Certificate/Major Applicable:
Not Certificate/Major Applicable

COURSE CONTENT

Outcomes and Objectives:

The students will:

1. Demonstrate understanding of a variety of interpersonal communication concepts and principles.
2. Identify and demonstrate appropriate uses of verbal and non-verbal communication.
3. Develop an awareness and appreciation of the complexities of the communication process.
4. Develop a systematic method of listening behavior to improve listening ability.
5. Practice using interpersonal theories of communication by participating in dyadic group activities.
6. Identify the difference between assertive and aggressive behavior.
7. Develop an understanding and appreciation of cultures and sub-cultural differences in society through experiential exercises and field work.
8. Raise self esteem by means of interactive participation with other students.
9. Develop sense of self-awareness by means of journal writing and analysis.
10. Develop and practice constructive conflict management skills.

Topics and Scope:

1. Explore the communication process.
 - A. Communication model.

- B. Barriers to understanding communication.
 - C. Basic terms.
 - D. Define communication.
2. Listening.
 - A. Importance of listening.
 - B. Barriers to listening.
 - C. Effective listening behavior skills.
 3. Self image and self esteem.
 - A. Introspective assignments.
 - B. Hierarchy of values.
 - C. Effects of low self esteem.
 - D. Skills to build self esteem.
 4. Perception.
 - A. Variables that affect perception.
 - B. Study differences in perception.
 5. Verbal communication/semantics.
 - A. Abstraction of words and symbols.
 - B. Semantic reactions.
 - C. Polarization.
 - D. Gender patterns and differences.
 6. Non-verbal communication.
 - A. Kinesics.
 - B. Proxemics.
 - C. Dress.
 - D. Culture.
 7. Relational communication.
 - A. Personality types.
 - B. Roles.
 - C. Intimacy.
 - D. Self disclosure.
 - E. Relationship stages.
 8. Conflict resolution/negotiation skills.
 - A. Types of conflict.
 - B. Productive conflict management.
 - C. Destructive conflict management.
 - D. Win/win - win/lose negotiation.
 - E. Defensive communication.

Assignment:

1. Written.
 - A. Weekly freewriting journal assignment.
 - B. Weekly topic related journal assignment.
 - C. 4-5 page typed term paper on interpersonal event or activity.
 - D. 7-10 page typed term paper synthesizing and applying important interpersonal concept.
2. Homework.
 - A. Reading assignments.
 - B. Written assignments.
 - C. Observational assignments.
3. In-class.
 - A. Discussions.

- B. Experiential activities.
 - C. Group processes.
4. Oral presentations.
- A. Individual.
 - B. Group.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Term papers

Writing
50 - 70%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Field work

Skill Demonstrations
10 - 25%

Exams: All forms of formal testing, other than skill performance exams.

MIDTERMS AND/OR FINAL.

Exams
5 - 30%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE AND CLASS PARTICIPATION.

Other Category
10 - 25%

Representative Textbooks and Materials:

COMMUNICATE.

COMMUNICATING WITH MYSELF, A JOURNAL.