

CATALOG INFORMATION

Dept and Nbr: CHW 50

Title: INTRO TO COMM HLTH WORK

Full Title: Introduction to Community Health Work

Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	3.00	6	Lecture Scheduled	18.00
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	18.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 36.00

Total Student Learning Hours: 54.00

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:
This course is designed to give an overview of the role of Community Health Outreach Workers and the philosophy of Community Health Work. It will look at how CHWs have contributed to health care in the United States and the world. Discussions with local community health workers and other health professionals, a field trip to a community agency, and 4 hours of shadowing a CHW will be included.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Designed to give an overview of the role of Community Health Outreach Workers and the philosophy of CHW. It will look at how CHWs have contributed to health care in the U.S. and the world. (Grade Only)
Prerequisites/Corequisites:

Recommended:
 Limits on Enrollment:
 Transfer Credit: CSU;
 Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1998	Inactive:	Summer 2005
UC Transfer:		Effective:		Inactive:	

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

At the completion of this course the student will be able to:

1. Describe history, roles, characteristics and responsibilities of community health workers.
2. List the reasons why respect for diversity and two-way learning between the community and the outreach worker are at the heart of community health work.
3. Identify individual abilities, attitudes, beliefs and values that are important for CHWs.
4. Identify four key leadership characteristics for CHWs.
5. Examine the community health network of cooperation and support that is essential for successful community health work.
6. Locate five under-served populations in Sonoma County.
7. Compare & contrast five active Sonoma County community health organizations and their purposes.
8. Name six titles common to CHWs.
9. Analyze eight myths and facts about homelessness.
10. Discuss the health crisis in the United States.
11. Contrast primary and preventive health care.
12. Describe two ways CHWs have contributed to the delivery of primary and preventive health care in the United States.
13. Explain the importance of identification of community resources for CHWs.
14. Decide if community health work is right for you, describing skills you would need to be a CHW in Sonoma County and opportunities for further education and advancement in related health fields.

Topics and Scope:

- I. Introduction
 - a. Course objectives
 - b. Requirements, grading & expectations
- II. Community Health Workers: Who are They and What Do They Do?
 - a. History of community health work
 - b. Occupational Outlook for Sonoma County
- III. The Effective Community Health Outreach Worker
 - a. Employers top 10 most valued skills for CHWs
 - b. Characteristics, roles and responsibilities, and titles
 1. community perspective
 2. appreciation of diversity
 3. commitment to two-way learning
 4. commitment to active community participation
 - c. Abilities, attitudes, beliefs, and values checklist
 - d. Key leadership qualities
- IV. Course objectives, requirements, grading and expectations.
- V. Community Health Workers: Who are They and What Do They Do?
 - a. History of community health work in the United States.
 - b. International CHWs
 - c. Occupational Outlook for Sonoma County
- VI. The Effective Community Health Outreach Worker.
 - a. Employers' top 10 most valued skills for CHWs.
 - b. Characteristics, roles and responsibilities
 1. community perspective
 2. appreciation of diversity
 3. commitment to two-way learning
 4. commitment to active community participation
 - c. Abilities, attitudes, beliefs, and values -- checklist for CHWs
 - d. Key leadership qualities
- VII. Ideas and Tips from Sonoma County Outreach Workers
- VIII. The Health Crisis in the United States.
- IX. Homelessness
- X. Is Community Health Work Right for You?
 - a. Primary & preventive health care -- prevention, chronic disease management & containment of communicable diseases.
 - b. Core competencies for CHWs
 - c. Sonoma County opportunities for further education and advancement in related health fields.

Assignment:

1. Selected readings (10-20 pages) each week. Students will use "Google" search engine on the Internet to find, examine and compare articles with different perspectives on the history of CHWs and tasks CHWs perform. They will critique, analyze, and write responses Regarding the articles on the US health crisis and on homelessness.
2. Four-hour shadowing and volunteer experience with Sonoma County community health workers. Students will write a 3-page paper to:
 - a) describe the agency - what it provides, who it serves, & why it exists.
 - b) describe the community - What seems to be the biggest need in the

- community? What are the living conditions? List some strengths of the community?
- c) describe the shadowing and volunteer experience and how it affected you
3. Make and study 20 medical terminology flash cards and play a game with them in class the next week.
 4. In a short paragraph, respond to a community health worker scenario in the syllabus to demonstrate critical-thinking & problem-solving techniques used in CHW classes.
 5. Write a community field trip reaction paper.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework

Writing
40 - 50%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Field work

Problem solving
5 - 10%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, Matching items, Completion, short essay

Exams
15 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation

Other Category
15 - 25%

Representative Textbooks and Materials:

Instructor-selected materials.

Present topics included in the selected readings are 1) history of community health work, 2) characteristics, roles and responsibilities of CHWs and their skills and knowledge, 3) political and health department responses to the US health crisis, 4) homelessness in the US, California, and Sonoma County.