

**HLE 95 Course Outline as of Spring 1999****CATALOG INFORMATION**

Dept and Nbr: HLE 95 Title: INTRO ALCOHOL/DRUG STUD

Full Title: Introduction to Alcohol and Drug Studies

Last Reviewed: 10/12/2020

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

An overview of drugs (including alcohol) and how they affect the individual, families and society. How to prevent and treat drug abuse, public policy issues, community resources and needs of special groups.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: How does alcohol and other drugs really affect you, me, and those around us? Learn about the various theories of substance abuse and identification signs of users. How effective are the treatment programs? (Grade Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;  
Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Spring 1999
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Students who successfully complete the course will:

1. Explain the pharmacology of abusable substances.
2. Describe ethanol and analyze the physiological effects on the fetus, children and adults.
3. Contrast the most abusable substances in society.
4. Distinguish between various treatment models.
5. Appraise the various theories of addiction.
6. Evaluate the cost to society in terms of economics and in social terms.

### **Topics and Scope:**

1. Overview of Substance Abuse in our Society
2. Drugs of Abuse
  - A. Depressants
  - B. Stimulants
  - C. Hallucinogenics
  - D. Ethanol
  - E. Others
3. Characteristics of Abusers
4. Dynamics of Addiction
5. Treatment Issues
6. Drunk Driving Issues
7. Abuse in Special Populations
  - A. Minorities
  - B. Seniors
  - C. Women
  - D. Fetus
8. Prevention Issues

9. Myths
10. Public Policy and Social Perception

### Assignment:

#### READING ASSIGNMENTS:

Students will be required to read and study the assigned chapters in the textbook and other selected reading in journals and handouts

#### WRITING ASSIGNMENTS:

1. Each student will write one (1) 10-page term paper on social perceptions of substance abuse with at least 6 references. The paper must be double-spaced and typed, using the MLA format for term papers.
2. Each student will visit a 12-step treatment program in the community and submit a 2-page typewritten critique of the experience.

#### ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING:

1. Writing assignment demonstrates application of various concepts regarding social perceptions.
2. Writing assignment demonstrates the ability to analyze a treatment model for effectiveness and specificity.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Essay exams, Term papers, Analysis/critiques

Writing  
20 - 35%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice

Exams  
65 - 80%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

Loosening the Grip, Kinneg, 5th ed., Mosby, 1998

Handouts: Materials of the National Institute of Alcohol and Drug Abuse