### NR 75D Course Outline as of Spring 2001

## **CATALOG INFORMATION**

Dept and Nbr: NR 75D Title: ADV CARE ACUTELY IL Full Title: Advanced Nursing Care of the Acutely Ill Patient Last Reviewed: 2/3/2020

Units		Course Hours per Wee	ek 2	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	12.50	Lecture Scheduled	6.50	17.5	Lecture Scheduled	113.75
Minimum	12.50	Lab Scheduled	0	17	Lab Scheduled	0
		Contact DHR	18.00		Contact DHR	315.00
		Contact Total	24.50		Contact Total	428.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 227.50

Total Student Learning Hours: 656.25

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

### **Catalog Description:**

Advanced concepts related to health deviation in the acutely ill adult medicalsurgical/gerontological client are presented while focusing on the individual's ability to meet universal self-care needs/deficits. Utilizing the nursing process, these concepts are integrated to meet the complex self-care needs of both medical-surgical and gerontological clients. Concepts related to professionalism, a preceptorship experience, and advanced nursing skill practice in a variety of clinical settings give the student an opportunity to apply multiple concepts and skills and make the transition from student to professional nurse.

### **Prerequisites/Corequisites:**

Enrollment in the Associate Degree Nursing Program; successful completion of NR 75C with a grade of "C" or better.

### **Recommended Preparation:**

#### **Limits on Enrollment:**

### Schedule of Classes Information:

Description: Advanced concepts & skills relating to health deviation & the individual's inability

to meet universal self-care needs in the acutely ill adult medical/surgical client & the gerontological client. (Grade Only) Prerequisites/Corequisites: Enrollment in the Associate Degree Nursing Program; successful completion of NR 75C with a grade of "C" or better. Recommended: Limits on Enrollment: Transfer Credit: CSU; Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	ı		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area			Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1981	Inactive:	
UC Transfer:		Effective:		Inactive:	

CID:

### **Certificate/Major Applicable:**

Certificate Applicable Course

### **COURSE CONTENT**

#### **Outcomes and Objectives:**

I. Theoretical Outcomes and Objectives

- A. Theoretical Application for Professional Growth
  - At the completion of this course the student will:
  - 1. Analyze clients' needs using the nursing process.
  - 2. Select nursing actions using critical thinking strategies applied to theoretical client scenarios.
  - 3. Incorporate leadership and research principles into nursing practice.
  - 4. Evaluate the concept of health care delivery systems and how the profession of nursing fits into these systems both ethically and legally.
  - 5. Solve conflict management issues using theoretical scenarios.
  - 6. Construct a plan for entry into the profession of nursing using resume writing skills and interviewing techniques.
  - 7. Formulate a plan for professional growth using role adaptation models and preceptorship.
- B. Theoretical Content Application for Clinical Objectives In a nursing practice scenario, the student will demonstrate ability to:
  - 1. Integrate the knowledge of health deviation states and self-care requisites (Orem's Self-Care Deficit Model)

into the nursing care of clients with problems related to altered:

- a. neurological states
- b. respiratory function
- c. immune and endocrine function
- d. mobility states
- e. cellular growth
- 2. Continue with care at home
- 3. Examine principles of time management and organization to effectively deliver nursing care to a group of clients.
- 4. Initiate professional communication into the nursing care of acutely ill clients in order to:
  - a. create a safe environment for groups of clients and health care providers.
  - b. Construct teamwork among the health care providers
  - c. Value client's cultural, ethnic, sexual, and spiritual diversity.
- 5. Evaluate and compare the significance of the following concepts as they are applied in preparing patient care plans:
  - a. developmental stage
  - b. regulation
  - c. oxygenation
  - d. protection
  - e. rest and activity
  - f. fluids and electrolytes balance
  - g. pharmacology
  - h. nutrition and elimination
- 6. Demonstrate competency in performing the following skills by incorporating scientific, physiological and psychosocial concepts in a skills laboratory:
  - a. neurological assessment
  - b. tracheostomy care
  - c. transcription of medical orders
  - d. completing quality assurance reports
  - e. giving shift report
  - f. bladder irrigation
  - g. initiating IV therapy
- II. Professional Clinical Practice Objectives
  - A. Professional Growth Objectives

At the completion of advanced medical-surgical nursing and preceptorship the student will:

- 1. Demonstrate the use of critical thinking and problem solving skills in managing the nursing care of a group of clients.
- 2. Delegate tasks to appropriate members of the health care team.
- 3. Function as an entry level professional nurse within legal/ethical guidelines established by the Nurse Practice Act.
- 4. Apply appropriate conflict management skills in the clinical setting.

- 5. Incorporate the role and function of the staff nurse with confidence in order to prepare for entry into professional nursing.
- B. Clinical Practice Objectives

At the completion of advanced medical-surgical nursing and a preceptorship the student will apply theory to practice using the nursing process and Orem's Self-Care framework by demonstrating the ability to:

- 1. Independently collect and record database for each assigned client.
- 2. Assess client for physical manifestations of pathophysiological processes and clients' ability to meet their health care needs.
- 3. Initiate and/or maintain a current nursing care plan for assigned clients.
- 4. Apply theoretical knowledge to clinical practice.
- 5. Initiate appropriate referrals for resources to meet clients self-care needs.
- 6. Implement client and family teaching in a variety of clinical settings.
- 7. Evaluate client response to the teaching.

## **Topics and Scope:**

- 1. Leadership/Professionalism
  - a. Introduction to Leadership
  - b. Group Process
  - c. Health Care Delivery System
  - d. Ethical Aspects of Nursing
  - e. Values Clarification
  - f. Nurse Practice Act
  - g. Legal Aspects of Nursing Practice
- h. Total Quality Management/Continuous Quality Improvement
- i. Case Management and Managed Care
- j. Research for Professional Nursing Practice
- k. Nursing Profession and Professional Organization
- 1. Novice to Expert
- m. Writing Behavior Objectives
- n. Resume Writing
- o. NCLEX Application
- 2. Regulation: Client with Altered
- a. Endocrine function
- b. Cell Growth (Oncology)
- c. Pancreatic Function (Exocrine)
- d. Liver Function
- 3. Interaction
- a. Conflict management
- b. Delegation
- c. Decision making
- d. Critical thinking
- e. Alternative Therapies
- f. Palliative Care/End of life

- 4. Fluids and Electrolytes:
- a. Renal Client Undergoing Dialysis and/or Kidney Transplantation
- 5. Oxygenation: Client with Altered Oxygenation:
- a. Adult Respiratory Distress Syndrome
- b. Code management
- c. Gastrointestinal bleeding
- d. Cardiac Output/TissuePerfusion
- 6. Protection: Client with Altered Neurological Function:
  - a. Neuro Assessment
  - b. CVA
  - c. Unconscious client
  - d. Seizure Disorder
  - e. Sensory Motor Dysfunction: Increased intracranial pressure and head trauma
  - f. Spinal cord injury
  - g. Immune System Dysfunction
- h. Migraine Awareness
- 7. Rest and Activity
  - a. Osteoporosis and Gout
- b. Chronic Neurological Problems
- 8. Developmental Self-Care Requisites
- a. Home Care Client
- 9. Nutrition and Elimination: Client with Altered Function of the Lower Gastrointestinal Tract
- 10. Skills Competency Development
- a. Neuro Assessment
- b. Tracheotomy Care
- c. Transcription of Medical Orders
- d. Shift Report
- e. Quality Assurance Reports
- f. Bladder Irrigation
- g. IV Therapy venipuncture, collecting blood specimens

## Assignment:

- 1. Preparation for clinical assignments by reviewing patient's chart, approximately 1-2 hours per week.
- 2. Written Nursing Care Plans approximately 2/semester. That includes data collection, data analysis, assessment and development of plan for nursing care with specific interventions and evaluation of effectiveness.
- 3. Completion of two-page assessment tool on every client in preparation for clinical using database, medication sheet, pathophysiology form.
- 4. Viewing selected videotapes in HLRC, 6-8 per semester.
- 5. Viewing selected CAI programs in HLRC, 8-12 per semester.
- 6. Present patient situation for discussion in post clinical conferences, approximately 1 hour presentation per student per semester.
- 7. Analysis of patient care situations. In group setting, approximately 8-10 per semester.
- 8. Reading assignments, 70-250 pages per week.
- 9. Completion of a weekly critical thinking journal

### **Methods of Evaluation/Basis of Grade:**

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Nursing care plans

**Problem Solving:** demonstrate comp computational pro

Dosage calculation

**Skill Demonstrati** demonstrations use performance exam

**Clinical Practice-P** 

Exams: All forms performance exam

Multiple choice

**Other:** Includes an fit into the above c

None

#### **Representative Textbooks and Materials:**

Lewis, S., Heitkemper, M., and Dirksen, S. (2000). Medical-Surgical Nursing: Assessment of Clinical Problems, 5th ed. New York: Mosby. Marquis, B.L., and Huston, C.J. (2000). Leadership Roles and Management Functions in Nursing, 3rd ed. Philadelphia: Lippincott McCances, K., and Heuther, S. (1997). Pathophysiology: The Biologic Basis for Disease in Adults and Children. 3rd ed. New York: Mosby. Smith, S.and Duell, D. (1996). Clinical Nursing Skills: Basic to Advancesd Skills. 4th ed. Stamford, CT: Appleton and Lange.

s-Pass/Fail	Writing 5 - 10%
Assessment tools, other than exams, that etence in computational or non- blem solving skills.	
ns-Pass/Fail	Problem solving 5 - 10%
ions: All skill-based and physical ed for assessment purposes including skill is.	
Pass/Fail	Skill Demonstrations 5 - 10%
of formal testing, other than skill s.	
	Exams 80 - 100%
ny assessment tools that do not logically categories.	
	Other Category

0 - 0%