

NR 74A Course Outline as of Spring 2001**CATALOG INFORMATION**

Dept and Nbr: NR 74A Title: VN TO ADN BRIDGE

Full Title: VN to ADN Bridge

Last Reviewed: 1/28/2008

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	4.50	Lecture Scheduled	2.50	17.5	Lecture Scheduled	43.75
Minimum	4.50	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	6.00		Contact DHR	105.00
		Contact Total	8.50		Contact Total	148.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 87.50

Total Student Learning Hours: 236.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:

Course is designed to increase the knowledge base of the Licensed Vocational Nurse so that his/her knowledge base is consistent with that of the generic nursing student entering Level III of the SRJC Associate Degree Nursing Program and meet the psychiatric nursing requirement as established by the Board of Registered Nursing. The psychiatric nursing component includes theory and clinical experience in the psychiatric setting. Additional professional threads are introduced.

Prerequisites/Corequisites:

Completion of PHYSIO 1 AND MICRO 60 or MICRO 5 or HLC 55 AND ANAT 1 AND FDNT 62 AND PSYCH 1A or PSYCH 53 (formerly PSYCH 33) or PSYCH 4.

Recommended Preparation:

ENGL 100, or ESL 100 or ENGL 1A required for certificate. Recommend it be taken prior to entering the program.

Limits on Enrollment:**Schedule of Classes Information:**

Description: Designed to increase knowledge base of the LVN so that it is consistent with that of

the generic nursing student entering Level III of ADN program & meets the psychiatric nursing requirement as established by BRN. Includes theory, clinical practice & skills lab. (Grade Only)
 Prerequisites/Corequisites: Completion of PHYSIO 1 AND MICRO 60 or MICRO 5 or HLC 55 AND ANAT 1 AND FDNT 62 AND PSYCH 1A or PSYCH 53 (formerly PSYCH 33) or PSYCH 4.

Recommended: ENGL 100, or ESL 100 or ENGL 1A required for certificate. Recommend it be taken prior to entering the program.

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:	Transferable	Effective: Fall 1994	Inactive: Spring 2014
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

At the completion of this course, the student will:

A. PROFESSIONAL THREADS:

1. Describe the characteristics and legal role of the professional nurse.
2. Apply Orem's self-care deficit theory.
3. Write a nursing care plan using the nursing process.

B. PSYCHIATRIC NURSING:

1. Describe the psychopathology of selected psychiatric illnesses that interfere with the client's ability to meet with universal self-care needs.
2. Conduct an interview with the patient to assess self-care requisites, self-care deficits, and self-care abilities using goal-directed, therapeutic communication.
3. Assess clients' ability to meet their self-care needs.
4. Develop a nursing care plan with the client directed toward meeting universal self-care deficits utilizing the theoretical knowledge base.
5. Implement the nursing care plan for assigned clients in various clinical settings.
6. Implement the medical/psychiatric plan of care within the scope of nursing practice.

7. Describe the rationale for nursing and medical interventions.
8. Describe the therapeutic use of psychotropic agents in the treatment of psychopathology.
9. Describe community resources that may be utilized to meet clients' needs.
10. Document client assessment and interventions using the nursing process consistent with agency policy.

C. PSYCHIATRIC NURSING SKILLS LAB:

1. Apply therapeutic principles of crisis intervention techniques with female client who is manifesting extreme anxiety.
2. Demonstrate psychiatric nursing intervention techniques with an elderly male client who has dementia.
3. Perform therapeutic communication effectively with a delusional female client who is experiencing auditory command hallucinations.
4. Apply appropriate therapeutic intervention with a severely depressed female client who is demonstrating suicidal ideation.

Topics and Scope:

MEDICAL-SURGICAL COMPONENT (THEORY):

A. Professionalism

1. Role transition/legal aspects
2. Nursing models
3. Orem's Self-Care Deficit Theory
4. Nursing Process
5. Communication theory

B. Nursing Care of the Psychiatric Client

1. The role of the nurse in the psychiatric setting
2. Personality disorders
 - a. Self-destructive behavior
 - b. Suicide
3. Thought disorders
4. Substance abuse
5. Dementia and delirium
6. Anxiety disorders
7. Disturbances of mood disorders
8. Psychiatric disorders of childhood and adolescence
9. Victims of abuse and violence
10. Group process

C. Psychiatric Nursing Skills Lab

1. Psychiatric nursing intervention skills
2. Cognitively impaired client with dementia
3. Client with delusions and hallucinations
4. Depression and suicide intervention

Assignment:

Read approximately 50-75 pages per week.

Two to four written clinical reports (1-2 pages).

Skills lab practice (1-2 hours per week)

Daily database

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams

Problem solving
10 - 15%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations
0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice

Exams
85 - 90%

Other: Includes any assessment tools that do not logically fit into the above categories.

None

Other Category
0 - 0%

Representative Textbooks and Materials:

Varcarolis, E.M. (1998) Foundations of Psychiatric Mental Health Nursing, 3rd ed. Philadelphia, Saunders