

CATALOG INFORMATION

Dept and Nbr: PHYED 79

Title: PICKLEBALL

Full Title: Pickleball

Last Reviewed: 2/26/2024

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	17	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 24.1

Catalog Description:
The course will emphasize the skills, techniques, game strategies and rules that make up the game of Pickleball. Students will receive test interpretation and competition in singles and doubles play.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Skills, techniques and game strategies used for singles and doubles competition.
(Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1997	Inactive:	Fall 2011
UC Transfer:	Transferable	Effective:	Fall 1997	Inactive:	Fall 2011

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

1. The student at the end of the semester will demonstrate knowledge of the rules and scoring procedures in singles, doubles and cut-throat.
2. Demonstrate the proper techniques used in the game of Pickleball.
3. Improve cardiovascular fitness, endurance, hand/eye coordination and lateral quickness.
4. Play in a class tournament in doubles and singles competition.

Topics and Scope:

- A. Video introduction to techniques and play
- B. Skills and techniques:
 1. Forehand
 2. Backhand
 3. Drive serve
 4. Lob serve
 5. Cut serve
 6. Overhead smash
 7. Drop shot
- C. Rules of play/scoring procedure:
 1. Singles
 2. Doubles
 3. Cut-throat
- D. Tournament play:
 1. Round robin doubles
 2. Round robin singles
- E. Written test:
 1. Scoring
 2. Rules
 3. Strategies

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams, Practical - can be subjective

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance

Other Category
40 - 60%

Representative Textbooks and Materials:

None