

CATALOG INFORMATION

Dept and Nbr: PHYED 86.3 Title: BASEBALL - ADV.
Full Title: Advanced Baseball
Last Reviewed: 8/28/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	6	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 41.3

Catalog Description:
A progressive program of advanced techniques and strategies in baseball. Specialized time devoted to videotaping and film analysis for individual development.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Progressive program of advanced techniques & strategies in baseball. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

- I. By the end of the semester the student will have developed advanced fundamental skills in:
 1. Fielding
 2. Throwing
 3. Baserunning
 4. Bunting
 5. Hitting
 6. Understand and perform advanced level team offensive and defensive skills.
 7. Be able to analyze the game of baseball and the different philosophies of play.

Topics and Scope:

- I. OFFENSIVE BASEBALL- First 2/3 of semester
 1. Hitting techniques and strategies
 - A. moving runner to second base
 - B. moving runner to third base
 - C. scoring runner from third base
 2. Bunting techniques and strategy
 - A. moving runner to second base
 - B. moving runner to third base
 - C. scoring runner from third base
 3. Slash techniques and strategies
 - A. advancing runners with a slash in a bunting situation
 4. Running and sliding techniques and strategies
 - A. tagging bases
 - B. breaks from 1st to 2nd, 2nd to 3rd, 3rd to home
 - C. rounding bases
 - D. situation baserunning
 - E. sliding into bags, away from throw

II.DEFENSIVE BASEBALL (COVERAGE) First 2/3 of semester

1. Positioning techniques and strategies
 - A. right hand and left hand hitters
 - B. infield deep - halfway - in position
 - C. 1st and 3rd situation position
 - D. alignments
 - E. situation positioning
 - F. bunting situations and plays
 - G. outfield positioning
2. Fielding techniques and strategies
 - A. catchers
 - 1) framing
 - 2) stance
 - 3) receiving the ball
 - 4) footwork
 - 5) block ball
 - B. Infield
 - 1) stance
 - 2) preliminary movement
 - 3) fielding position
 - 4) jumps
 - 5) receiving the ball
 - C. Outfield
 - 1) stance
 - 2) preliminary movement
 - 3) jumps
 - 4) receiving the ball
 - D. Pitchers
 - 1) fielding position
 - 2) covering 1st base
 - 3) receiving ball
3. Throwing Techniques and Strategies
 - A. Grip and release of ball
 - B. Body mechanics and footwork
 - C. All cut-offs
 - D. Differences according to position

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, ESSAY

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
40 - 60%

Representative Textbooks and Materials: