## **PSYT 71 Course Outline as of Fall 1981**

## **CATALOG INFORMATION**

Dept and Nbr: PSYT 71 Title: FUND OF NURSING Full Title: Fundamentals of Nursing Last Reviewed: 2/12/2001

Units		<b>Course Hours per Week</b>		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	9.00	Lecture Scheduled	8.70	17.5	Lecture Scheduled	152.25
Minimum	9.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	8.70		Contact Total	152.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 304.50

Total Student Learning Hours: 456.75

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	

#### **Catalog Description:**

Course presents theoretical basis for care of adult patients with common medical/surgical conditions. Emphasis is on planning patient care for implementation in sub-acute and long term care settings. Pharmacology and application of anatomical, physiological and psychosocial concepts are integrated throughout the course.

#### **Prerequisites/Corequisites:**

Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; APS/Essay test (eligibility for English 100A). Completion of (with a C or better), or concurrent enrollment in Anatomy 51.

#### **Recommended Preparation:**

Health Care 60, Medical Terminology. Previous Work Experience (WK OC 99) at a State Hospital, Psychiatric, or Long Term Care setting.

## **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Theoretical basis for care of adults w/common med/surg conditions. Emphasis is on

planning PT care ofr implementation in sub-acute & LTC settings. Pharmacy & application of anatomical, physio & psychosocial concepts are integrated throughout the course. (Grade Only) Prerequisites/Corequisites: Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; APS/Essay test (eligibility for English 100A). Completion of (with a C or better), or concurrent enrollment in Anatomy 51. Recommended: Health Care 60, Medical Terminology. Previous Work Experience (WK OC 99) at a State Hospital, Psychiatric, or Long Term Care setting. Limits on Enrollment:

Transfer Credit: CSU:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	a		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	a		Effective:	Inactive:
CSU Transfe	r: Transferable	Effective:	Fall 1981	Inactive:	Spring 2011
UC Transfer:		Effective:		Inactive:	

## CID:

## **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# COURSE CONTENT

## **Outcomes and Objectives:**

The students will:

- 1. Describe the role and functions of the Psychiatric Technician and other members of the health care team.
- 2. Apply theoretical concepts of human anatomy and physiology to planning and implementing patient care with a focus on common medical-surgical conditions.
- 3. State the major, significant signs that distinguish a physically healthy person from a physically ill person.
- 4. Describe spiritual and nutritional needs of patients.
- 5. Describe principles relevant to patient documentation.
- 6. Describe frequently ordered diagnostic tests including physical and emotional preparation of the patient.
- 7. Develop a written treatment plan.
- 8. Describe treatment modalities and basic nuring skills commonly prescribed for medical-surgical patients.
- 9. Describe specific musculoskeletal procedures that promote function and prevent injuries in the patient with physical limitations.
- 10. Recognize abnormal laboratory values for commonly ordered tests.
- 11. Describe the therapeutic and adverse effects of the drugs commonly

used in medical-surgical conditions.

- 12. Describe special needs of the gerontological patients.
- 13. State the legal rights of patients.
- 14. Recognize stressors affecting his/her personal and professional life.
- 15. Recognize the importance of further professional and self growth.

## **Topics and Scope:**

- 1. Ethical and legal issues.
- 2. Functions of health care team.
- 3. Patient safety.
- 4. Communication/documentation.
- 5. Basic patient assessment and care planning.
- 6. Basic nursing skills.
- 7. Hygiene needs.
- 8. Elimination.
- 9. Disorders of major body systems.
- 10. Gerontological considerations.
- 11. Pharmacology.
  - A. Drug classifications.
  - B. Mathematical computations (dosage and administration).
- 12. Care of surgical patient.
- 13. Spiritual/cultural considerations.

### Assignment:

- 1. Reading assignments in preparation for each lecture from required texts and library.
- 2. Required viewing of films and audio-visual media related specific content.
- 3. Clinical simulation and small work group assignments in classroom each week.

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Quizzes, Exams

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Writing 10 - 20%

Problem solving 5 - 10%

Class performances	Skill Demonstrations 5 - 5%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
Multiple choice, True/false, Matching items, Completion	Exams 50 - 80%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	
None	Other Category 0 - 0%

**Representative Textbooks and Materials:** TEXTBOOK OF BASIC NURSING, 5th ed. with accompanying student workbook by Rosdahl. 1991 NURSING 95, Drug Handbook. 1995